



TalkNow®

When you're struggling it's hard to know where to turn. Through TalkNow, you can speak directly to a mental health professional to receive confidential support and guidance in the moment you need it most.



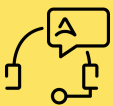
24/7 Access to the Care You Need

TalkNow is the ideal solution for getting the support you need, exactly when you need it. It's confidential, it's free, and it's always available. Break down the barriers standing in the way of your mental health care. Behind every call is a professional mental health counselor to help you in your time of need. TalkNow is a confidential service provided through the Employee Assistance Program that can help you manage small to monumental issues when you can't wait. One conversation can make all the difference.

Mental Health Support is Only One Call Away



1.833.621.2989



24/7
Assistance



Problem
Solving &
Support



Connections
to Ongoing
Counseling



Completely
Confidential

No Issue Is Minor

Receive support related to issues such as:

- Stress & Anxiety
- Family Difficulties
- Interpersonal Conflicts
- Grief & Loss
- Life Changes
- Depression
- Work Conflicts
- And more

24/7/365 PHONE:
1.833.621.2989

WEBSITE:
forestservicceap.com

CODE: USFS



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