INCIDENT ACTION PLAN BOBCAT INCIDENT

CA-ANF-003687 P5NJ7S20 0501





OPERATIONAL PERIOD-THREE DAY

10/9/2020 0800

to

10/11/2020 2100

INCIDENT OBJECTIVES (ICS 202)

1. Incident Name:	2. Op	erational Period:	Date Fro	om:	10/9/2020	Date To:	10/11/2020	
BOBCAT			Time Fro	om:	0800	Time To:	2100	
3. Objective(s):								
Leader's Intent								
 Effectively utilize strategies and tactics that provide for firefighter and public safety first and foremost, which have a high probability of success. Objectives to be accomplished shall utilize risk-based decisions that minimize unnecessary exposure of COVID19 for the purpose of implementing tasks associated with protecting priority values at risk. 								
Incident Objectives								
 Address firefighter, aviation and public safety through clear leader's intent with established work prioritization and implementation of fundamental firefighting principles utilizing thorough risk informed decisions. 								
 Minimize fire threat and impacts to the communities, communication sites, and other infrastructure by coordinating suppression actions with cooperators responsible for structure protection. 								
Wilderness, inventoried roadless areas (IRA) Suppression Tactics (MIST). Weigh potential	 Minimize the long-term effects of fire suppression efforts in the San Gabriel, Sheep Mountain, and Pleasant View Ridge Wilderness, inventoried roadless areas (IRA), and areas with wilderness characteristics by utilizing Minimum Impact Suppression Tactics (MIST). Weigh potential suppression actions in consideration of archaeological and cultural resources, waterways, riparian areas, and wildlife resources, to minimize fire effects & undesirable fire suppression related effects. 							
 Maintain and strengthen relationships with pa agencies utilizing most effective platforms av 	artner a ailable	agencies, stakeholders	, cooperai	tors, con	nmunity leade	ers, and loca	al	
 Provide timely and accurate incident information media. 	tion th	rough the press, comm	unity mee	etings, tra	ap lines, briefi	ings and so	cial	
 Implement social distancing and adhere to the "module of one" concept to reduce physical exposure and transmission of COVID-19, to provide for the health and safety of all incident personnel. 								
- Establish and monitor cost effective methods for accomplishing operational objectives.								
Control Objectives Keep the fire within existing containment lines. Implement fire suppression repair plan when containment fire suppression repair plan when contained by the suppression by the suppression repair plan when contained by the suppression by the suppression repair plan when contained by the suppression by the suppression repair plan when contained by the suppression by the supervision by the suppression by the suppression by the suppression by the supervision by the supervision								
General Situational Awareness:								
Driving hazards exist, slow down, drive defensive	ely and	i watch out for others.						
Enhanced hygiene (especially handwashing), PP	E & m	onitoring practices help	limit the i	infection	rate of first re	esponders.		
In the COVID-19 environment, high density popul	lations	or large groups are pa	rticulary a	it risk: To	help protect	yourself; yo	our	
family, and to ensure all employees return home						÷.		
5. Site Safety Plan Required?	Yes [No						
Approved Site Safety Plan(s) Located at:								
6. Incident Action Plan								
🗹 ICS 203 🛛 🗹 ICS 215A		ICS 205 A-phone list						
✓ ICS 204 ✓ ICS 220		Training Message						
🗹 ICS 205 🛛 🗹 Facility Maps	\checkmark	HR Message						
✓ ICS 206 ✓ Weather Forecast								
ICS 208 Fire Behavior								
7. Prepared By: Sean Wolf	Positio	on/Title: PSC	Signature	e:				
8. Approved by Incident Commander:	Mitche	ell/Dozal/Valasquez	Signature	e:	Josh MA	Khul I	CT3	
ICS 202				1			NIMS IAP	

ORG	GANIZATION ASSIGNMENT LIST (ICS 203)

1. Incident Name:						10/11/2020
1. Incident Name:	х т	2. Operational	Period: Date From:	10/9/2020	Date To:	10/11/2020
BOBCA			Time From:	0800	Time To:	2100
3. Incident Commander			7. Operation Secti			
	Seth Mitchell/Dozal(T)	/Velazquez(1)		Brian Anderson		
Deputy			Planning Ops			
Safety Officer			Night Ops			
Information Officer			Staging Area			
Liaison Officer	_		Branch			
4. Agency/Organization	•		Division/Group	WILSON	Ignacio Pizano	
Agency/Organization	Nam	e	Division/Group	NORTH	Andres Luna	
ANF Agency Admin.	Matthew Bokach		Division/Group	EAST		, Hector Sanchez (T)
				Suppression Repair	Ron Gregor	
	Robert Garcia		Division/Group			
SMD AREP	Brent Bertlett		Division/Group			
ARC AREP	Barry Spriggs		Division/Group			
			Division/Group			
SCE AREP	Troy Whitman		Division/Group			
AMER. RED CROSS	Bernie Nazari		Division/Group			
			Division/Group			
LAC DPH	Mike Rogers		Branch			
			Division/Group			
BLM AREP	James Aragon		Division/Group			
			Division/Group			
			Division/Group			
			Division/Group			
			Branch			
			Division/Group			
5. Planning Section:			Division/Group			
	Sean Wolf		Division/Group			
Deputy			Division/Group			
Resource Unit			Division/Group			
Situation Unit			Branch			
Documentation Unit			Division/Group			
Demobilization Unit			Division/Group			
	David Gabaldon		Division/Group			
FBAN			Division/Group			
IMET			Division/Group			
Training Tech Spec			Air Operations Bra		Director:	
SCKN				t Group Supervisor	Bart Dorman	
Resource Advisor	Daryl Hodges			Group Supervisor	Bart Domail	
6. Logistics Section	Dary Houges			Helibase Manager		
-	Andrew Miller, Tim V	/andervoor		i lenbase manayer		
			8 Einanco/Admini	etration Continne	l	
BCMG-Valyermo			8. Finance/Admini			
BCMG-Clear Creek				Jessica Luna		
BCMG-Rincon/Arcadia			Time Unit			
Communications Unit	IRD		Personnel Time			
			Comp/Claims Unit			
			Cost Unit			
				Karen McWilliams		
	Sean Wolf	Position/Title:	PSC	/s/ Sean Wolf		
ICS 203		Date/Time:	10/8/2020	2300 hours		NIMS IAP

ASSIGNMENT LIST					(ICS 204	WF)		LED UNCLASSIFIED RMATION//BASIC
1. Incident Name:			2. Operation	nal Period:			3. Branch	Division
BOBCAT			Date From:	10/09/20	Date To:	10/11/20		NORTH
			Time From:	0800	Time To:	2000		NORTH
4. Operations Personnel:							Page 1 of 1	
Operations Section Chief: Brian Anders	son				Night Ops:			
Branch Director:					Branch Safety:			
Division/Group Supervisor: Andres Luna					Air Attack:			
5. Resources Assigned:		**	Resources E	Below in Bol	Id are 12 Hour **			
Resource Identifier	ALS	LWD	Lea	ader	Personnel	Request #	Hours	Reporting Location
S/T ENG3 ANF 1614C		10/16	Adam	Norton	26	E-10667	12	Valyermo/0800
ENG6 Eagle 3		10/12	Kerwin	Lester	3	E-10621	12	Valyermo/0800
ENG6 Utah 603		10/11	Anthon	y Oleda	3	E-10619	12	Valyermo/0800
HC1 Bear Divide IHC		10/18	Derrick	Madrigal	18	C-10105	12	Valyermo/0800
6. Work Assignments:								
Monitor and patrol.								
Take action as necessary to secure	contain	iment I	ines and mitig	gate any rema	aining threats.			
Complete any necessary mop up.								
7. Special Instructions								
7. Special Instructions:								
Backhaul any remaining trash and id	-		-	Juipment.				
Work with READs and identify areas	-			10 nalision or				
Maintain social distancing as approp	riate ai	זמ זסווס	w all COVID	19 policies ar	ia protocols.			
8. Communications								
Name	Ch	F	unction	Rx Freq	Rx Tone	Tx Freq	Tx Tone	Notes
ANF Tn1	1		OMMAND	172.3750	CSQ	164.9375	110.9 (T1)	Mt Waterman
R5 T-6	8		ACTICAL	168.2375	CSQ	168.2375	None	
A/G	14		O GROUND	168.4000	CSQ	168.4000	None	
CALCORD	15		EDICAL	156.0750	156.7 (T6)	156.0750	156.7 (T6)	
AIR GUARD	16	EME	ERGENCY	168.6250	CSQ	168.6250	110.9 (T1)	INCIDENT WIDE
9. Prepared by: Name:	Sean	Wolf		•	PSC		• • •	
						Signature:		

			Signature	_
ICS 204	Date/Time: 10/7/2020	2000	Personnel Count:	50
NIMS IAP				

CONTROLLED UNCLASSIFIED INFORMATION//BASIC

		ASSIC	GNMEN	IT LIST	(ICS 204	WF)		LED UNCLASSIFIED MATION//BASIC		
1. Incident Name:	. Operation	nal Period:			3. Branch	Division				
BOBCA	Т	0	Date From:	10/09/20	Date To:	10/11/20		WILSON		
		г	ime From:	0800	Time To:	2000		WILSON		
4. Operations Personnel:	:						Page 1 of 1			
Operations Section Chief: Briar	n Anderson				Night Ops:					
Branch Director:			Branch Safety:							
Division/Group Supervisor: Igna		Air Attack:								
5. Resources Assigned:		** R	esources E	Below in Bol	d are 12 Hou	r **				
Resource Identifier	ALS	LWD	Lea	ader	Personnel	Request #	Hours	Reporting Location		
HC2IA Breckenridge		10/10	Correa /	Wallace	18	C-10150	12	Clear Creek/0800		
HC2IA Mt. Baker		10/11	William	Bowman	19	C-10152	12	Clear Creek/0800		
ENG3 ANF 12		10/15	Larry N	ledrano	5	E-10666	12	Clear Creek/0800		
6. Work Assignments:										
Monitor/Patrol and mop up a	s necessary.									
Secure containment lines.										
Provide for protection of criti	cal infrastructu	re at Mo	unt Wilson							
7. Special Instructions:										
Backhaul any remaining tras	h and identify	remainin	g excess ec	quipment.						
Work with READs and identi	fy areas requir	ing supp	ression repa	air.						
Maintain social distancing as	appropriate a	nd follow	all COVID	19 policies a	nd protocols.					
8. Communications										
Name	Ch	Fu	nction	Rx Freq	Rx Tone	Tx Freq	Tx Tone	Notes		
ANF Tn1	1	CON	IMAND	172.3750	CSQ	164.9375	110.9 (T1)	Mt Waterman		
R5 T-4	7	TAC	CTICAL	166.5500	CSQ	166.5500	None			
A/G	14	AIR TO	GROUND	168.4000	CSQ	168.4000	None			
CALCORD	15	ME	DICAL	156.0750	156.7 (T6)	156.0750	156.7 (T6)			
AIR GUARD	16		RGENCY	168.6250	CSQ	168.6250	110.9 (T1)	INCIDENT WIDE		
9. Prepared by: Name:	Sean				PSC		, ,	1		
_						Signature:				
ICS 204			Date/Time:	10/7/2020	2000		Per	sonnel Count: 42		

NIMS IAP

CONTROLLED UNCLASSIFIED INFORMATION//BASIC

1. Incident Name: 2. Operational Period: 3. Branch Division BOBCAT Date From: 10/09/20 Date To: 10/11/20 EAST Time From: 0800 Time To: 2000 Page 1 of 1 4. **Operations Personnel:** Operations Section Chief: Brian Anderson Night Ops: Branch Director: Branch Safety: Division/Group Supervisor: Jeremy Nelson, Hector Sanchez (T) Air Attack: ** Resources Below in Bold are 12 Hour ** 5. Resources Assigned: Resource Identifier ALS LWD Leader Personnel Request # Hours Reporting Location **CRW T2IA PVT Pacific Oasis 1 RINCON/0800** 10/15 Stephen Lang 20 C-10160 12 S/T ENG3 ANF 1613C 10/15 Matt Brossard 22 E-10666 12 **RINCON/0800** HC2IA Scorpions 2 10/11 Garcia-Lemus / Torres 22 C-10151 12 **RINCON/0800 CRW T2 PVT Table Rock** 10/15 **Tomas Gomez** 20 C-10158 12 **RINCON/0800** 10/19 **EXCA Doug Riddell** 1 E-10664 12 **RINCON/0800** 6. Work Assignments: Monitor and patrol. Take action as necessary to secure containment lines and mitigate any remaining threats. Complete any necessary mop up. 7. Special Instructions: Backhaul any remaining trash and identify remaining excess equipment. Work with READs and identify areas requiring suppression repair. Maintain social distancing as appropriate and follow all COVID 19 policies and protocols. 8. Communications Ch Rx Tone Tx Tone Name Function Rx Freq Tx Freq Notes ANF Tn1 COMMAND 172.3750 1 CSQ 164.9375 110.9 (T1) Mt Waterman NIFC T1 9 TACTICAL 168.0500 CSQ 168.0500 None A/G 14 AIR TO GROUND 168.4000 CSQ 168.4000 None CALCORD 15 MEDICAL 156.0750 156.7 (T6) 156.0750 156.7 (T6) AIR GUARD EMERGENCY 168.6250 16 168.6250 CSQ 110.9 (T1) INCIDENT WIDE

9. Prepared by: Name:

Signature: ICS 204 Date/Time: 10/7/2020 2000 Personnel Count: 85 NIMS IAP

PSC

Sean Wolf

CONTROLLED UNCLASSIFIED INFORMATION//BASIC

CONTROLLED UNCLASSIFIED

INFORMATION//BASIC

INFORMATION//BASIC 1. Incident Name: 2. Operational Period: 3. Branch Division BOBCAT Date From: 10/09/20 Date To: 10/11/20 Suppression Repair Time From: 0800 Time To: 2000 Page 1 of 2 4. **Operations Personnel:** Operations Section Chief: Brian Anderson Night Ops: Branch Director: Branch Safety: Division/Group Supervisor: Ron Gregor Air Attack: 5. Resources Assigned: ** Resources Below in Bold are 12 Hour ** Resource Identifier ALS LWD Leader Personnel Request # Hours Reporting Location **CRW T2 PVT Pacific Oasis 2** 10/15 Clear Creek/0800 Leland Dodds 20 C-10159 12 CRW T2 PVT North Pacific Forestr 10/13 **Demitrius McWillie** 20 C-10171 12 Clear Creek/0800 10/10 Clear Creek/0800 **DOZ2** Johnson John Johnston 1 E-33 12 10/18 Clear Creek/0800 **EXCA Grayson 7** Egbert Payne 1 E-10647 12 1 **EXCA Grayson 8** 10/18 **Jose Hernandez** E-10668 12 Clear Creek/0800 10/16 2 **EXCA Pitts Teas Wherry** 12 Clear Creek/0800 E-10646 CHIP PVT Cecil 10/14 Paul Blane 2 E-10650 12 Clear Creek/0800 10/16 2 **CHIP PVT Roque River** Austin Hettema E-10649 12 Clear Creek/0800 1 **GRD PVT Grayson 1** 10/15 Mac Coats E-10660 12 Clear Creek/0800 **GRD PVT Grayson 2** 10/15 **Taylor Balchelior** E-10661 Clear Creek/0800 1 12 6. Work Assignments: Work with READS to identify scope of work and best practices per the Bobcat Fire Suppression Repair Plan and ANF requirements. Scout and assess any remaining dozer lines. Improve road surfaces as required. 7. Special Instructions: During repair of dozer line, minimize soil movement to prevent future erosion. Backhaul any equipment, hose and trash as necessary. Maintain social distancing as appropriate, and follow all COVID-19 policies and protocols. 8. Communications Name Ch Function Rx Freq Rx Tone Tx Freq Tx Tone Notes ANF Tn1 1 COMMAND 172.3750 CSQ 164.9375 110.9 (T1) Mt Waterman NIFC T5 TACTICAL 166.7250 166.7250 11 CSQ None A/G 14 AIR TO GROUND 168.4000 CSQ 168.4000 None CALCORD 15 MEDICAL 156.0750 156.7 (T6) 156.0750 156.7 (T6) AIR GUARD 16 EMERGENCY 168.6250 CSQ 168.6250 110.9 (T1) INCIDENT WIDE 9. Prepared by: Name: Sean Wolf PSC Signature: **ICS 204** Date/Time: 10/8/2020 2000 Personnel Count: 50 NIMS IAP

CONTROLLED UNCLASSIFIED INFORMATION//BASIC

CONTROLLED UNCLASSIFIED

CONTROLLED UNCLASSIFIED **ASSIGNMENT LIST (ICS 204 WF)** INFORMATION//BASIC 2. Operational Period: 3. Branch Division BOBCAT Date From: 10/09/20 Date To: 10/11/20 Suppression Repair Time From: 0800 Time To: 2000

Page 2 of 2 4. **Operations Personnel:** Operations Section Chief: Brian Anderson Night Ops: Branch Director: Branch Safety: Division/Group Supervisor: Ron Gregor Air Attack: ** Resources Below in Bold are 12 Hour ** 5. Resources Assigned: Resource Identifier ALS LWD Leader Personnel Request # Hours Reporting Location TFLD Wanderaas 10/12 O-14537 Clear Creek/0800 **David Wanderaas** 1 12 **REAF Hoggan** 10/9 Heidi Hoggan 1 O-14518 12 Clear Creek/0800 10/19 **REAF Rico Elizabeth Rico** 1 O-14611 12 Clear Creek/0800 10/13 Clear Creek/0800 **READ Sheng Daniel Sheng** 1 O-14520 12 10/16 1 **REAF Dirgo Dannon Dirgo** O-140 12 Clear Creek/0800 10/14 1 **Bradley Hoffman** O-14563 12 Clear Creek/0800 **REAF Hoffman REAF Bingham** 10/18 Sonya Bingham 1 O-14608 12 Clear Creek/0800 10/18 1 READ Ronsoni Kayla Ronsoni O-14607 12 Clear Creek/0800 1 WT Welborn Nathan Congiolosi E-10513 12 Clear Creek/0800 **Tony Magana** Clear Creek/0800 **EXCA Grayson 9** 1 E-10669 12 DOZ2 ANF 10 10/21 **Joel Carruthers** 3 E-10670 12 Clear Creek/0800 6. Work Assignments: Work with READS to identify scope of work and best practices per the Bobcat Fire Suppression Repair Plan and ANF requirements. Scout and assess any remaining dozer lines. Improve road surfaces as required. 7. Special Instructions: During repair of dozer line, minimize soil movement to prevent future erosion. Backhaul any equipment, hose and trash as necessary. Maintain social distancing as appropriate, and follow all COVID-19 policies and protocols. 8. Communications Name Ch Function Rx Frea Rx Tone Tx Frea Tx Tone Notes ANF Tn1 COMMAND 172.3750 CSQ 164.9375 110.9 (T1) 1 Mt Waterman NIFC T5 11 166.7250 TACTICAL 166.7250 CSQ None A/G 14 AIR TO GROUND 168.4000 CSQ 168.4000 None CALCORD 15 MEDICAL 156.0750 156.7 (T6) 156.0750 156.7 (T6) AIR GUARD 16 CSQ EMERGENCY 168.6250 168.6250 110.9 (T1) INCIDENT WIDE 9. Prepared by: Name: Sean Wolf PSC

Date/Time: 10/8/2020

Signature:

2000

Personnel Count: 13

ICS 204

1. Incident Name:

CONTROLLED UNCLASSIFIED INFORMATION//BASIC

ICS 205 - INCIDENT RADIO COMMUNICATIONS PLAN

CONTROLLED UNCLASSIFIED INFORMATION//BASIC

1. Incident Name:			2. Date/Time Prepared		3. Operatio	nal Period:		
BOBCAT		Date	: 10/08/2020	Date From:	10/09/20	Date To:	10/11/20	
		Time	: 1817	Time From:	0800	Time To:	2100	
	nmunications	I			1	1	1	L
Ch#	Function	Name	Assigned To	Rx Freq	Rx Tone	Tx Freq	Tx Tone	Notes
1	COMMAND	ANF Tn1	ALL DIVS	172.3750	CSQ	164.9375	110.9 (T1)	Mt Waterman
2	COMMAND	ANF Tn2	ALL DIVS	172.3750	CSQ	164.9375	123.0 (T2)	Santiago Peak
3	COMMAND	ANF Tn3	ALL DIVS	172.3750	CSQ	164.9375	131.8 (T3)	Mt Hawkins
4	COMMAND	ANF Tn5	ALL DIVS	172.3750	CSQ	164.9375	146.2 (T5)	Table Mt
5	COMMAND	ANF Tn7	ALL DIVS	172.3750	CSQ	164.9375	167.9 (T7)	Josephine Peak
6	COMMAND	ANF Tn9	ALL DIVS	172.3750	CSQ	164.9375	100.0 (T9)	Pine Mountain
7	TACTICAL	R5 T-4	WILSON	166.5500	CSQ	166.5500	None	
8	TACTICAL	R5 T-6	NORTH	168.2375	CSQ	168.2375	None	
9	TACTICAL	NIFC T1	EAST	168.0500	CSQ	168.0500	None	
10	TACTICAL	NIFC T3	UNASSIGNED	168.6000	CSQ	168.6000	None	
11	TACTICAL	NIFC T5	REPAIR	166.7250	CSQ	166.7250	None	
12	TACTICAL	NIFC T2	INITIAL ATTACK	168.2000	CSQ	168.2000	None	INITIAL ATTACK ONLY
13	AIR TO GROUND	A/G-59	ALL DIVS	169.1125	CSQ	169.1125	None	INITIAL ATTACK ONLY
14	AIR TO GROUND	A/G	Air to Ground	168.4000	CSQ	168.4000	None	
15	MEDICAL	CALCORD	ALL DIVS	156.0750	156.7 (T6)	156.0750	156.7 (T6)	
16	EMERGENCY	AIR GUARD	ALL DIVS	168.6250	CSQ	168.6250	110.9 (T1)	INCIDENT WIDE
17								
18								
19								
20	EMERGENCY	AIR GUARD	EMERGENCY	168.6250	CSQ	168.6250	110.9 (T1)	
5. Spe	cial Instructions							
						1		
6. Pre	pared by (Commun	ications Unit Lo	eader): Name: ERIC DUN	NICK 619-339	-8150	/s/ Eric Dunr	nick	
CS 20	5 - CONTROLLED	UNCLASSIFIE	D INFORMATION//BASIC		NIMS IAP	Date/Time:	10/08/20	1817

			MEDICA	AL PLAN	(ICS 206)						
1. Incident Name:				2. Opera	2. Operational Period:			e From:	10/9/20	Date To:	10/11/20
BOBCAT							Tim	e From:	0800	Time To:	2100
3. Medical Aid Stations:											
Name				Location			Contact Number/Freq			Paramedics	
4. Transportation (indicate ai	-	d):	1					-		1	
Ambulance Servi				Location			(Contact N	umber	Level of	fService
Los Angeles County Fire Depar	rtment -		Responding f	rom area Fire	Station		Utili	ze ANF C	ommand	A	LS
Los Angeles County Fire Depar	rtment - AIF	र					Utili	ze ANF C	ommand	A	LS
5. Hospitals:											
		Addre	ess,	Contact Nu	umber(s)/	Ті	ravel	Time	Trauma	Burn	
Hospital Name	Lat &	Long	Helipad	Frequ	ency	Ai	r	Ground	Center	Center	Helipad
Emanate Health Foothill Presbyterian Hospital	250 S Gran Lat/Long: 3 -117.87134	4.132		626-963-8411		0	0:01	15 min			
Methodist Hospital Of Southern Ca	300 W Huntington Dr, Arcadia, Lat/Long: 34.1344486, -118.0416623		626-445-4441		0	0:02	25 min				
LAC-USC Medical Center	2051 Marer N34 03.45		., Los Angeles 12.48	323-226-2622			0:15	40 min	Level 1	\checkmark	\checkmark
Antelope Valley Hospital STEMI/STROKE		600 West Ave. J Lancaster I34 41.28 W118 09.52					0:15	40 Min	Level 2		
Desert Valley Hospital STEMI	16850 Bear Victorville N 34 28' 18		•	760-843-5013			0:20	50 Min		\checkmark	
6. Special Medical Emergenc	y Procedu	res		•						•	
 Line Emergency Crew Supervisor will contact Division Supervisor with patient complaint/condition and location. Division Group Supervisor Contacts: Communications Unit Communications Unit Contacts: Ground or Air ambulance as requested. Operations Safety Medical Unit Division Supervisor or designee will serve as point of contact and run medical emergency on assigned channel. A pre-assigned tactical frequency (i.e. CALCORD) should be used for IWI and only for duration of the emergency. Communications Unit will clear the Command channel for emergency traffic as needed for duration of the need. Camp Emergency Contact Medical Unit with patient complaint/condition and location. Medical Unit with patient complaint/condition and location. Medical Unit with patient complaint/condition and location. Medical Unit contacts Communications Safety Gontact Medical Unit with patient complaint/condition and location. Medical Unit with patient complaint/condition and location. Medical Unit contacts Communications Safety Safety Logistics Questions Corew Supervisor Gomp/Claims Divisions <p< td=""><td>witnesses of events.</td><td>jury: Patient: ion Request k-Up: ID: ith Patient: ` Sex: Ma encies - Sec for later inv</td><td>ed by L Yes le ure th estig</td><td>ong:</td><td>_ No _ Female ea and id n. Keep ad</td><td>entified ccurate lo</td><td>- - - -</td><td></td></p<>			witnesses of events.	jury: Patient: ion Request k-Up: ID: ith Patient: ` Sex: Ma encies - Sec for later inv	ed by L Yes le ure th estig	ong:	_ No _ Female ea and id n. Keep ad	entified ccurate lo	- - - -		
Check box if aviation ass		zed fo	or rescue. If a	ssets are used	d, coordinate	with /	Air O	perations			
7. Prepared by (Medical Unit	Leader):					Sign	ature	e:			
8. Approved by (Safety Office	er):							ə:			
ICS 206	NIMS IAP				Date/Time						

MEDICAL PLAN (ICS 206 WF) Controlled Unclassified Information//Basic

Medical Incident Report							
FOR A NON-EMERGEN		OUGH CHAIN O SONNEL AS NEG		EPORT AND TRANSPORT INJURED			
FOR A MEDICAL EMERGENCY: IDENTIFY ON SCENE INCIDENT COMMANDER BY NAME AND POSITION AND ANNOUNCE "MEDICAL EMERGENCY" TO INITIATE RESPONSE FROM IMT COMMUNICATIONS/DISPATCH.							
Use the follo	wing items to comm	nunicate site	uation to com	munications/dispatch.			
Use the following items to communicate situation to communications/dispatch. 1. CONTACT COMMUNICATIONS / DISPATCH (Verify correct frequency prior to starting report) Ex: "Communications, Div. Alpha. Stand-by for Emergency Traffic." 2. INCIDENT STATUS: Provide incident summary (including number of patients) and command structure. Ex: "Communications, I have a Red priority patient, unconscious, struck by a falling tree. Requesting air ambulance to Forest Road 1 at (Lat./Long.) This will be the Trout Meadow Medical, IC is TFLD Jones. EMT Smith is providing medical care."							
Severity of Emergency / Transport RED / PRIORITY 1 Life or limb threatening injury or illness. Evacuation need is IMMEDIATE Severity of Emergency / Transport Ex: Unconscious, difficulty breathing, bleeding severely, 2° – 3° burns more than 4 palm sizes, heat stroke, disoriented. Priority YELLOW / PRIORITY 2 Serious Injury or illness. Evacuation may be DELAYED if necessary. Ex: Significant trauma, unable to walk, 2° – 3° burns not more than 1-3 palm sizes. GREEN / PRIORITY 3 Minor Injury or illness. Non-Emergency transport Ex: Sprains, strains, minor heat-related illness.							
Nature of Injury or Illness							
& Mechanism of Injury				Brief Summary of Injury or Illness (Ex: Unconscious, Struck by Falling Tree)			
Transport Request Air Ambulance / Short Haul/Hoist Ground Ambulance / Other							
Patient Location	Patient Location Descriptive Location & Lat. / Long. (WGS84)						
Incident Name Geographic Name + "Medical" (Ex: Trout Meadow Medical)							
On-Scene Incident Commander Name of on-scene IC of Incident within Incident (Ex: TFLD Jones)							
Patient Care				Name of Care Provider (Ex: EMT Smith)			
3. INITIAL PATIENT ASSESSMEN	T: Complete this section for each patie	nt as applicable (start w	ith the most severe patient				
	· · · · ·						
Patient Assessment: See IRPG pag	e 106						
Treatment:							
4. TRANSPORT PLAN:							
Evacuation Location (<i>if different</i>): (<i>L</i>	Descriptive Location (drop point, i	intersection, etc.) or	<i>Lat. / Long.</i>) Patient	s ETA to Evacuation Location:			
Helispot / Extraction Site Size and H	lazards:						
5. ADDITIONAL RESOURCES / EQ	UIPMENT NEEDS:						
Example: Paramedic/EMT, Crews, Immo	bilization Devices, AED, Oxygen, Tra	uma Bag, IV/Fluid(s),	Splints, Rope rescue, Wh	eeled litter, HAZMAT, Extrication			
6. COMMUNICATIONS: Identify St	tate Air/Ground EMS Frequenc	ies and Hospital C	Contacts as applicab	le			
Function Channel Name/Nu		Tone/NAC *	Transmit (TX)	Tone/NAC *			
COMMAND							
AIR-TO-GRND							
TACTICAL							
7. CONTINGENCY: <u>Considerations:</u> ahead.	If primary options fail, what action	is can be implemente	d in conjunction with p	imary evacuation method? Be thinking			
8. ADDITIONAL INFORMATION: U_{i}	ndates/Changes etc						
S. ADDITIONAL INFORMATION: 0/	54463/Onanges, Ell.						
REMEMBER: Confirm ETA's of resources ordered. Act according to your level of training. Be Alert. Keep Calm. Think Clearly. Act Decisively.							

UNIT LOG (ICS 214)							
1. Incident Name:			rational Period:	Date From:	10/9/20	Date To:	10/11/20
BOBCAT				Time From:	0800	Time To:	2100
3. Unit Name/Designators		•	4. Unit Leader (I	Name and ICS	Position)	3	
5. Personnel Assigned/Designators				1			
NAME		ICS	POSITION		HOME E	BASE	
6. Activity Log (Continue on Reverse)							
TIME			MAJOR E\	/ENTS			
7 Drepared Dut			Data /Time				
7. Prepared By:			Date/Time:				NIMS IAP

HEALTH AND SAFETY MESSAGE

SAFETY starts with **YOU**

We are <u>ALL</u> accountable for <u>SAFE</u> behaviors

INCIDENT: BOBCAT	DATE: 10/9 to 10/11 TIME: 0800-2000						
Major Hazards and Risks: Hazard trees, steep slopes, rolling material, snakes, bees, bears,							
Fire behavior, inversions, visibility, unburned fuels, reburn potential, limited lookout spots and							
safety zones, mixed resources, multiple aircraft, bu	cket drops, long travel distances, traffic,						
dehydration, driving, communications difficult due to terrain, compliancy and working with heavy							
Equipment.							

Fire Order of the Day - Ensure instructions are given and understood

<u>Narrative:</u> To prevent **dehydration** begin drinking early in the day and continue drinking throughout the day. Two gallons of water a day is a good guide. A better guide is the color of your urine and the frequency of urinating. A good rule of thumb is P in 3, meaning you should urinate at least every 3 hours. The darker the color of urine the more dehydrated one is becoming.

Driving- Lights on – drive slowly. Don't get complacent driving the same roads over and over. Highways are open. **Sanitation/COVID Mitigations-** Help prevent the spread of disease and colds by washing your hands after using the toilet and before going through the food line as a minimum. De-Con your equipment each day. Keep your 6ft distance And wear your mask.

LCES- Continue to monitor weather and fire behavior to help you decide when to disengage and reevaluate tactics. **Communications-** Use human repeaters where needed to help cut down on repeater channels.

Watch Out Situation of the Day	Directing Helicopter Bucket Drops
	\Rightarrow Give general location on the incident.
- A - A - A - A - A - A - A - A - A - A	⇒Finalize location with: Clock direction – straight in front of
	the aircraft is 12 o'clock; the right door is 3 o'clock; the tail is 6 o'clock; and the left door is 9 o'clock. When giving directions, remember that helicopters generally orbit in a clockwise pattern. Describe prominent landmarks – don't say "I'm wearing a yellow shirt", "I'm by a big tree", etc. Use a signal mirror (a compass works fine) or a 2-3 foot piece of flagging tied to a long stick. Stand in drop location (when safe) for ID, then move away before the drop. ⇒ Visualize what the pilot sees from the air and describe the
	target.
	⇒Describe the target from your location and explain the mission. The pilot will decide drop technique and flight path, or you can ask the pilot for a hover drop or line drop in a given direction.
What have a service as a service as	\Rightarrow Assure pilot that all personnel are safe, and they know the
	aircraft's intentions before the drop.
	\Rightarrow Give feedback to the pilot about drop accuracy. Be honest
16.GETTING FREQUENT SPOT FIRES ACROSS LINE	and constructive. Let pilot know if drop is early, late, uphill, downhill, etc. The pilot wants to provide you with the best
	support possible. Remember: The Pilot Has Final Say on Drops

ANF Incident Team Safety Officer: Steffen Fuller

	AIR OPERATIONS SUMMARY ICS-220					Time Prepared		Date Prepared			Prepared By				
						18:00		Thursday, October 8, 2020			Bart Dorman				
		d Incident Number		Sunrise Startup		Cutoff	Sunset	Shutdown		Operational Period - Date			Operational Period - Time		
Bobcat CA		-ANF-003687		6:53	7:23	17:54 18:24		18:54		10/9 through 10/11		11	0600 - 0600		
TF TR/ All GPS D <i>AVOIL</i>	RACK ALL DI ACK ALL DR ATA TO BE C Aerial Applicati Foam / Agent is	Safety Notes, H PSITE LOCATIO DP LOCATIONS, COLLECTED IN <u>c</u> ion of Retardant / Fo Dropped Within The at / Long, Estimated	NS / NÚMBE / NUMBER C <u>DEGREES, M</u> am / Agent with ase Areas Imme	R OF DIPS OF DROPS IINUTES, D in 300' of Wa ediately Notify	GALLOI GALLON CECIMAL N Meterways, Boo the AOBD a	NS TAKEN. S DROPPE <u>MNUTES</u> FO ties of Water, nd Provide the	D DRMAT. <i>etc.</i>	Name Latitude Longitude Name Latitude Longitude	118 13.12	Request # Radius: Altitude: Centerpoint: NOTAMS:	34 34.0 117 94.0 /5610 0/560 127.075	NM MSL Lat Long)3	Name Phone ^{Make/Model} Location Request F	Je Ship Infor Day LA County or LA City, Request through ECC Procedure for Th cal Plan For Ad	Night LA County or LA City, Request through ECC ese Aircraft:
Frequencies		RX	Tone	ТХ		Tone	AM / FM	Position Na		me Phone		Trainee Name		Phone	
AIR TACTIO	CS Primary						FM	AOBD	Barton	Barton Dorman		818-929-5987		OFF 10/9 through 10/12	
AIR TACTICS	S Secondary						FM	AOBD							-
AIR / AIR Ro	otor Primary	127.0750		127.	0750		AM	ASGS	Cody	Blanco	661-30	5-7609			
AIR / AIR Rote							AM	ASGS	-						
AIR / AIR	- Briefing						AM	HEBM(T)	Luke C	opeland	661-86	0-6997			
AIR / GROUN	ID Command	168.4000		168.	4000		FM	HEBM							
AIR / GROU	ND Tactical						FM	HLCO							
COMM	MAND	172.3750	CSQ	164.	9375	1,2,3,5,7,9	FM	HLCO							
то	LC						AM	HLCO							
DECK		163.1000		163.1000			FM	HLCO							
CALCORD - MEDICAL		156.0750	156.7	156.0750		156.7	FM	ATGS							
AIR GUARD - Emergency Only		168.6250		168.6250		110.9 (1)	FM	ATGS							
								ATGS							
						HELICOF	PTERS (Us	e page 2 if Ne	eded)						
FAA #	Туре	Make/Model	Helibase	Start	Avail		(s / A - #	FAA #	Туре	Make/Model	Helibase	Start	Avail	Remark	s/A-#
N386HQ H530	II	Bell 205A1++	Fox	800	830	Tank	A-340								
N15HX H531	II	Bell 205A1++	Fox	1800	1830		A-77								
N16HX H538		Bell 205A1++	Fox	800	830		A-339								
N4037S 37S	1	Sikorsky S-64E	Fox	800	830		461								
N716HT 6HT		Sikorsky CH-54B	Fox	800	830	A-:	365								
l															
Hal	libase Name:	I		Heliba	ase Name:			Ha	libase Name:		I	Helih	ase Name:		
	Latitude:			10100	Latitude:				Latitude:			. iciib	Latitude:		
	Longitude:												Latitude:		
	Longitude:			L	ongitude:				Longitude:			L	_ongitude:		

701 N. Santa Anita Ave Arcadia CA 91006

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Angeles National Forest Headquarters FNUS76 KLOX 082327 FWSLOX

Spot Forecast for BOBCAT...USFS National Weather Service Los Angeles/Oxnard CA 427 PM PDT Thu Oct 8 2020

Forecast is based on forecast start time of 0600 PDT on October 09. If conditions become unrepresentative...contact the National Weather Service.

.DISCUSSION... A cooling trend with rising humidities is expected for the Bobcat Fire area through Saturday as a weak low pressure system moves over the region. While no rain is expected, there is a chance of light drizzle over the area Friday night into early Saturday. A much deeper marine layer will aid in rising humidities, including very good overnight humidity recoveries. Gusty southwest to west winds are expected during the afternoon to evening hours each day, with a brief period of south winds shifting to northwest as the weak low moves over the area.

High pressure will build over the West Coast Sunday, with offshore winds likely to develop early next week. Warming and drying is expected, although the strength of offshore winds and heating is lower confidence at this time.

.FRIDAY...

Sky/weather.....Mostly sunny. Max temperature....64-66. Min humidity.....30-35 percent. Eye level winds.....Southwest 2-4 mph increasing to 4-6 mph with gusts to 10 mph in the afternoon. Wind (20 ft)..... Slope/valley.....Southwest 4-8 mph increasing to 8-12 mph with gusts to 20 mph in the afternoon. Ridgetop......Šouthwest 5-10 mph increasing to 10-15 mph with gusts to 25 mph in the afternoon. Mixing height.....AOB 1000 ft AGL early rising to 2500 ft AGL. Transport winds.....West 5-10 mph. .FRIDAY NIGHT... Sky/weather.....Partly cloudy then becoming mostly cloudy overnight. with a slight chance of light drizzle. Min temperature.....54-56. Eye level winds.....West 4-8 mph with gusts to 10 mph becoming south 3-5 mph. Wind (20 ft)..... Slope/valley.....West 8-15 mph with gusts to 20 mph becoming south 5-10 mph. Ridgetop......West 10-20 mph with gusts to 25 mph becoming south 6-12 mph overnight. Mixing height.....2000 ft AGL early lowering to 1500 ft AGL. Transport winds....West 10 mph. .SATURDAY... Sky/weather.....Mostly cloudy then becoming sunny. Slight chance of light drizzle in the morning. Max temperature....65. Min humidity.....40-45 percent. Eye level winds....Northwest 2-5 mph becoming southwest 4-8 mph with gusts to 9 mph in the afternoon. Wind (20 ft)..... Slope/valley.....Northwest 5-10 mph becoming southwest 8-15 mph with

gusts to 18 mph in the afternoon. Ridgetop.....Northwest 6-12 mph in the morning becoming southwest 10-15 mph with gusts to 25 mph in the afternoon. Mixing height.....2000 ft AGL early rising to 3000 ft AGL. Transport winds....Northwest 10 mph becoming southwest. \$\$

Forecaster...SMITH Requested by...SEAN WOLF Type of request...WILDFIRE .TAG 2013420.0/LOX .DELDT 10/09/20 .FormatterVersion 1.0.26 .EMAIL SEAN.WOLF@USDA.GOV

FIRE BEHAVIOR FORECAST

TYPE OF FIRE: Wildfire
OPERATIONAL PERIOD: October 9 – 11 th
TIME ISSUED: 1800
SIGNED: /S/ Seth Mitchell, FBAN/ ICT3
Typed/printed:
TS
C T S

WEATHER SUMMARY:

** Refer to Spot Weather Forecast**

OUTPUTS

FIRE BEHAVIOR

GENERAL: ERC's and BI continue to be above normal and in the 97th -100th percentile. Fuels remain to be extremely dry and receptive. If a spot or unburned finger/ island were to become established, you could expect it to make terrain and fuel driven runs. Reduced solar heating and increased marine layer will help suppression activities, however the current fuel conditions will still exhibit large fire growth if something were to get established.

SPECIFIC:

Mt Wilson- Interior island will continue to smolder and creep in the understory litter, large dead and down will continue to burn out and may cause a flare up with isolated torching. Upslope runs are possible in areas of unburned fuel.

Big Rock Creek- Fuels continue to burn out in isolated areas of Big Rock and occasional flare up of single trees. No expected growth unless wind is present.

Rest of the fire- No expected growth across the incident, isolated interior fuels will continue to smolder until burned out, with an occasional flare-up.

New Ignitions- Expect rapid rates of spread.

AIR OPERATIONS:

No major issues, light marine layer during the morning hours on the south side of the San Gabriel Mountains

SAFETY

Monitor the your working area for changing conditions

READ MESSAGE

I. GENERAL SUPPRESSION REPAIR GUIDELINES

A. NON-NATIVE WEED CONTROL

Russian Thistle, Spanish Broom, and other populations of invasive weeds are a resource concern. Weed washing equipment before moving to the next site for repair can reduce the spread of invasive weeds. During fire suppression repair, all berms and dozer piles should be pulled back on the line to mitigate the spread of weed seeds from the line into native vegetation.

B. HELISPOTS, HELIPORTS, SAFETY ZONES, DROP POINTS, and OTHER CLEARINGS

All clearings constructed to support suppression activities should be returned as closely to preincident conditions as is possible. At a minimum, berms will be pulled or raked back into the site. In some cases, chunking (mixing soil with brush), berming or other barriers may be used in combination with the above techniques to prevent access for unauthorized OHV use. This will be determined as the need arises.

C. ARCHAEOLOGICAL SITES

Archaeological sites have been identified by the forest archeologists, Joana Huckabee and David Peebles. There are no immediate risks to existing features with current incident suppression activities. Any impacts to archaeological sites will be evaluated and mitigated on a case-by-case basis during and after suppression measures.

D. RIPARIAN AREAS

Any impacts to streams or riparian corridors will be evaluated and mitigated individually prior to repair implementation. Additional measures may be required and will be determined by a hydrologist. Suppression repair efforts are to avoid irreparable long-term damage to riparian ecosystems and aquatic habitats. Areas will be flagged for avoidance using orange flagging; repair groups will be instructed to stop repair efforts within these identified areas and track through the existing area of disturbance so as not to cause further site disturbance or impact T/E species. Repairs shall be done to minimize impacts to water quality, flood plains, reduce sedimentation into stream channels, maintain riparian vegetation and to ensure flow and functionality of riparian corridor.

II. SUPPRESSION REPAIR

A. ROADS

- Existing dirt surfaced roads used for access will be returned as close to pre-incident condition as
 possible. This will be accomplished by pulling any significant amounts of side cast material back
 onto the road, watering and compacting the road surface with a road grader after dozers and
 excavators have completed their work.
- Existing roads that are closed but reopened for current incident use will be returned as close to the designated pre-incident use level as possible. This may include repairing and/or repairing the original erosion control structures, drainage features (culverts/mac drains), cleaning and improving ditches and blocking the entrance to roads.
- Additional mitigations of suppression impacts to National Forest roads will be determined and directed by the Forest Engineer or designee.

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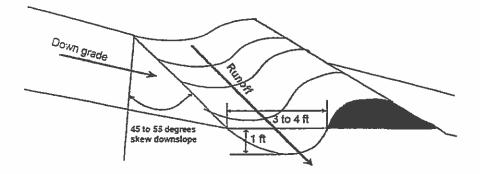
B. DOZER LINES:

- Dozer lines intersecting with existing roads should be blocked to minimize potential OHV impacts, using barriers such as post and cable, rip rap, etc. In some cases, chunking may be used in to prevent access for unauthorized OHV use.
- Dozer lines will be treated by pulling outside berms back into the control line, re- contouring or out-sloping the surface to allow water to quickly drain.
- Waterbars are to be built on slopes greater than 5 percent and the outlets should drain into green whenever possible.
- Waterbars will consist of a minimum of a 12 inches cut into the firm bed of the control line and have a berm with a compacted height of no less than twelve inches (12") (see figure 1).
- Angle waterbars approximately 30 degrees downslope from horizontal in the natural direction of the force of water off the slope (not the dozer line). The downslope end/outlet of each waterbar must be open and clear of obstructions and should discharge into the green if present.
- Utilize and or improve natural rolls and dips to divert the flow of water whenever possible.
- Hand crews may be used to construct waterbars on slopes greater than 50% (when there is little to no rocks) or in areas too hazardous for safe equipment operation, or in areas where equipment use may further impact environmentally sensitive areas.
- When dozer lines follow a ridge with no visible vegetation on either side, or where there is unburned vegetation on both sides (indirect line), re-contouring and waterbars should be designed to divert water equally to both sides of the ridge, except where doing so may impact downslope resources or infrastructure (i.e. roads/trails).
- Remove all trash and equipment associated with suppression activities and mechanized equipment maintenance.

Table 1. WATERBAR SPACING

Gradient	Waterbar spacing
1% - 9%	100 ft.
10% - 19%	75 ft.
20% - 30%	50 ft.
>40%	25 ft.

Figure 1. WATERBAR SPECIFICATIONS



HAND LINES:

- Once suppression containment activities have been achieved, hand lines intersecting environmentally sensitive areas, roads, designated trails, and OHV routes would be repaired. This will include water-barring, pulling berms, and slashing one hundred feet from the point of intersection, or the distance visible from the road or trail, whichever is greater.
- Waterbars for hand lines should be cut to a depth equal to the width of a standard fire shovel.
- Waterbars should be angled downslope from horizontal (approximately 15 to 20 degrees) and natural direction of the force of water off the slope (not the hand line).
- The downslope end/outlet of the waterbar MUST be open and clear of obstructions and should discharge into green when feasible.
- When hand lines follow a ridge where there is no vegetation either side, or where there is unburned vegetation on both sides (indirect line), re-contouring and waterbars should be designed to divert water equally to both sides of the ridge.
- Utilize and/or improve natural rolls and dips whenever possible.
- In some cases, chunking or berming may be used in combination with the above techniques to prevent access for unauthorized OHV use.
- Remove all trash, equipment, and flagging.

III. SUPRESSSION REPAIR FOR WILDERNESS AREAS

Dozer line Z18-Z20 was constructed within Pleasant View Ridge Wilderness. The dozer line was 5300 ft. long with an average of 60 ft; approximately 7.3 acres. Vegetation was burned on both sides of the dozer line and there is little vegetation cover to pull back on the line. Because there is no vegetation on slopes for precipitation, waterbars are not appropriate. Instead, the objective is to keep the water on the ridgetop and allow it to infiltrate. To do so, the proposed treatment is to:

- Roughen surface areas that are less than 20% slope
- Chunk slopes greater than 20%
- Dozer lines intersecting with existing road should be blocked to minimize potential OHV impacts, using a high berm as a barrier and chunking to prevent access for unauthorized OHV use.

IV. SUPRESSION REPAIR FOR INVENTORIED ROADLESS AREAS (IRAs)

Dozer lines within existing IRAs should be repaired by pulling back berms and constructing effective waterbars (Table 1 and Figure 1). This process will reduce the long term aesthetic impacts to the land. Hand lines greater than five feet in width that are not black on both sides should have waterbars on slopes greater than 40% or key locations that would have downhill concerns or experience significant erosion.

De-Berming and Re-Contouring

• Dozer lines will be treated by pulling outside berms back into the control line, re- contouring or out-sloping the surface to allow water to quickly drain.

Ridge Top Line Repair

• When dozer lines follow a ridge where there is no vegetation on either side, or where there is unburned vegetation on both sides (indirect line), re-contouring and waterbars should be designed to divert water equally to both sides of the ridge, except where doing so will compromise downslope resources or infrastructure (i.e. roads/trails).

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V. SUPPRESSION REPAIR FOR TEHACHAPI RENEWABLE TRANSMISSION PROJECT (TRTP) BOTANICAL PLOTS

The following standards are intended to repair the TRTP botanical plot to a pre-incident condition. The forest may adjust the repair standards based upon further interdisciplinary team input into the most effective methods for repair of the site for long-term sustainability.

- Salvage top soils from berms using hand tools (shovels, rakes, and/or McLeods) or mechanized equipment, depending on amount of material to be moved.
- Recontour site and de-compact soil using an excavator. Site will be watered until saturated and be allowed to sit one day. On the next day, the excavator will take buckets of soil, pick them up and drop them in a chunking manner. Once that has happened no one will walk or use any equipment over the surface until hydroseeding has occurred.
- Replace damaged straw wattles as needed. Consult with Forest Botanist and Hydrologist to determine location and installation techniques.
- Repair damaged PVC pipe gravity fed irrigation system. Consult with ANF botanist or designated specialist for additional guidance regarding assembly and installation. Approximately ten 1" and 3/" PVC pipes that were impacted should be replaced.
- Restoration site will need to be reseeded and hydroseeded. Native seed will need to be collected onsite and reseeded. There will need to be hydroseeded with a 2 cycle process. Seed will be spread first and then hydromulch will be spread over seed. As a final step, area will be watered in.
- Site will need to be weeded once per month for two years.
- Additional mitigation measures may be needed if site does not recover.

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Peer support eGuides





ACCOUNT ID mjvauwtc

Stress control and resilience



Aerobic training



Crisis intervention and recovering from traumatic stress



Fitness and exercise at your desk



ACCOUNT ID nsds6v5u

