Incident Action Plan

Tuesday - June 11, 2024

Day Operational Period

0600-2200

WHITE MOUNTAIN ZONE



Bear Fire

AZ-FTA-000231

Incident Commander: Ben Plumb

Ft Apache Agency

Financial Code: PARZ7Y (1522)

INCIDENT OBJECTIVES (ICS 202)

1. Incident Name:	2. Operational Period:	DAY	
BEAR	Date/Time From:		Date/Time To:
	06/11/2024 0700	TUE	06/11/2024 2200 TUE
3. Objective(s):			
 Maintain the safety of firefighters and public Provide protection to communities infrastru 	U		5

 Provide protection to communities, infrastructure, values at risk, and contain the fire to the smallest size possible by utilizin point protection and direct or indirect control methods

• Maintain and develop partnerships and relationships with cooperating agencies and stakeholders.

• Minimize impacts to cultural, heritage, recreation, natural resource, and wildlife values by coordinating suppression actions with READs and AAs.

• Provide initial attack response within TFR areas, specifically South of BIA 12 Rd, East of Salt River Draw, North of Cibecue Creek and G8 and B8 roads, West of Hwy 60 and G17 road.

Values at Risk

- Community of Cibecue
- Emmory Oak patch
- Cibecue Falls
- Natural Springs
- Cultural Sites
- Heritage Resources

4. Operational Period Command Emphasis:

Hot and dry. Stay hydrated - take care of each other.

General Situational Awareness:

Analyze the risk vs. gain of your assignment.

Are you doing the right thing for your personnel and giving them a safe working environment? If yes, then proceed.

If no, then reevaluate the assignment and provide solutions. LCES pre-identify multiple escape routes.

5. Site Safety Plan R	equired? Yes	Νοχ			
Approved Site Safet	y Plan(s) Located at:				
6. Incident Action Pl	an (the it	ems checked below	are included in this Incident Action	Plan):	
X ICS 202 X ICS 203 X ICS 204 X ICS 205 ☐ ICS 205A X ICS 206	☐ ICS 207 ☐ ICS 208 ★ ICS 220 ★ Map/Chart	ast/Tides/Currents	Other Attachments:		
7. Prepared by: 8. Approved by Incid	RUTH KOHLER	Position/Title: Name: BEN F	PLANNING SECTION CHIEF	Signature: Signature:	
			LOWD	-	
ICS 202		IAP Page		Date/Time:	06/10/2024 2000

ORGANIZATION ASSIGNMENT LIST (ICS 203)

1. Incident Name:			2. Operational	Period: D	AY		
BEAR			Date/Time	e From:		Date/Time T	- 0:
			06/11/202	24 0700	TUE	06/11/2024 2	200 TUE
		s) and Command Staff:			7. Operations Section:	•	
IC	C/UC	PLUMB, BEN			OPS SECTION CHIEF	GABLER, JUS	ΤΙΝ
		SALAZAR, JOSH (1)		PLANNING OPS		
			<u></u>	C	DEPUTY OPS SECTION CHIEF		
		CHRISTENSEN, CO		P	STAGING AREA		
OFFI	-	JOHNSON, STEVE	IN				
LIAISON OFFI	ICER				DIVISION/GROUP	ALPHA	MILLER, JOSHUA
4. Agency/Organiz	ation	Representative(s):					GREGG, BUTCH (T)
Agency/Organizati		Name			DIVISION/GROUP	PAPA	RANEY, DAVID
FT APA SUPERINTEND	DENT	BEN, LEON			DIVISION/GROUP	CONTINGENCY	DAZEN, MARWIN (T) SIGG, MATTHEW (T)
FT APACHE AGE	NCY DMIN	DIVALENTINO, RIC	K		7b. Air Operations Bran	ich:	
		PARKER, SEAN			AIR OPS BRANCH		
FOREST MANA		CHRIS BEATTY		-	DIRECTOR AIR ATTACK		
PHEP COORDINA	TOR	LEO THOMPSON			SUPERVISOR		
					AIR SUPPORT SUPERVISOR	WILSON, ROB	
5. Planning Section	n:				HELICOPTER		
CI		KOHLER, RUTH			COORDINATOR AIR TANKER		
		BUCE, LES (T)			COORDINATOR		
	PUTY				8. Finance/Administration		
RESOURCES			_		CHIEF	PUTT, KARILY	
SITUATION U		JEANNE, JULIETTE			DEPUTY	SANCHEZ, AN	DREA (I)
	UNIT			F		DINKEL, MICA	
DEMOBILIZATION I	UNIT				PROCUREMENT UNIT	DINKEL, MICA	
FIRE BEHA	-			-	COMPENSATION UNIT		
HUMAN RESOU						DEVLIN, LANC	:F (Τ)
SPECIA							- (1)
TRAINING SPECIA			- />				
GIS SPECIA		PAXSON, DESIRE	()				
TECHNOL SUPPORT SPECIA		BAILEY, COLLEEN					
STATUS CHEC	CK IN	BARUA, AJ					
6. Logistics Sectio	on:						
CI		WALLACE, RICHAR BEAUDOIN, GENE	RD				
DEP	νυτγ						
SUPPLY I	UNIT						
FACILITIES	UNIT	OLMSTEAD, GREG	G (T)				
BASE CAMP MANA		MILLER, KASEY (T)				
GROUND SUPP	ORT UNIT						
COMMUNICATI		NORMAN, MICHAE	L				
MEDICAL U	UNIT	MORGAN, JAMES					
SECURITY I	UNIT						
9. Prepared By:	Name:	LES BUCE		Position/Title:	PSC3(T)	Signature:	
ICS 203	AP Pa	ige		Date/Time:	06/10/2024 2000		

Spot Forecast for Bear...Fort Apache National Weather Service Flagstaff AZ 146 PM MST Mon Jun 10 2024

.DISCUSSION...Hot, dry weather will continue with temperatures warming each day. Generally light winds are expected Tuesday, only gusting roughly 15 mph in the afternoon out of the southwest. They will start increasing Wednesday with gusts ranging between 15 and 25 mph. Near critical to potentially critical fire weather conditions are expected to arrive Thursday/Friday as winds continue to increase with continued hot, dry conditions.

.TUESDAY...

Sky/weather.....Sunny. Chance of pcpn....0 percent. Max temperature....Around 96. Min humidity.....7-10 percent. Wind (20 ft).....Southwest winds around 4-7 mph. LAL.....1. Haines Index.....6 or high potential for large plume dominated fire growth. Max Vent Rate.....Excellent. Clearing Index.....1053. Mixing height.....15000 ft AGL. Transport winds.....South around 5 knots shifting to the southwest late in the afternoon. .TUESDAY NIGHT... Sky/weather....Clear. Chance of pcpn....0 percent. Min temperature....Around 60. Max humidity.....26 percent. Wind (20 ft).....West winds around 5 mph in the evening becoming light. LAL....1. Haines Index.....6 or high potential for large plume dominated fire growth. Min Vent Rate.....Poor. Clearing Index....1. Mixing height.....0 ft AGL. Transport winds.....West around 5 knots shifting to the north overnight. Smoke drainage down Cibecue Creek

Division/Group Assignment List (ICS 204 WF) Controlled Unclassified Information//Basic

1. Incident Name:				3.				
BEAR				Bran	nch:		Division/Group):
2. Operational Period:	DAY							
Date/Time From:		Date/Time To:	:					ALPHA
06/11/2024 0700 TU	JE	06/11/2024 220	00 TUE					
4.			Operations Perso	nnel				
OPERATIONS CHIE	GABLER, JI	USTIN		BR	ANCH DIRE	CTOR		
DIVISION/GROUP SUPERVISO	R MILLER, JO GREGG, BL			AIR ATTA	CK SUPER		COX, SEAN C	
5.		Resou	urces Assigned th	is Period		- 1		
Strike Team / Task					Number			
Resource Design	ator	LWD	Leade		Persons		o Off PT./Time	Pick Up PT./Time
IHC FORT APACHE C-2		06/22	QUINTERO, BRI	AN	19	ICP/06		ICP/2000
*T2IA FORT APACHE #01 C-8		06/22	LEE, LENWOOD		19	ICP/06	00	ICP/2000
T2IA SAFFORD C-5		06/22	ROMERO, BERN	IE M	18	ICP/06	00	ICP/2000
DZR-WAHL		06/22	WAHL		2	ICP/06	00	ICP/2000
HEQB		06/22	FRANK, M		1	ICP/06	00	ICP/2000
SOFC 0-1.32		06/22	STRICKLAND, G	ARY	1	ICP/06	00	ICP/2000
 Construct direct/indire Keep fire to the south End State: Line has to the south Consider natural resonance Document line location Document any possible * Denotes available for the south second secon	o of G4 road been prepper burces, cultu ons and com ble retardant	and reduce foo d, constructed a ral resources, a municate inform lines to waterw	tprint to the west and secured with and any improve nation to Resou	st as safe <u>h minima</u> ements w	ely as poss al impacts /hen const	sible. to Valu	ues at Risk.	
8.			/Group Communi		1			
Function	Channel	RX Frequency		one/NAC	TX Freque			
	10	172.6750		51.4	166.3		186.2	A
	1	168.0500		23.0	168.05		123.0	A
AIR TO GROUND	13	166.9000		Pootier O	166.90			A
9. Prepared By (Resource Unit	Leader)		ved By (Planning	Section Cl	nier)		Date	Time
LES BUCE			H KOHLER			0	6/10/2024	2000
ICS 204 WF (1/14)		Controlled	Unclassified In FINAL	ormatior	n//Basic			Page 1 of 1

Division/Group Assignment List (ICS 204 WF) Controlled Unclassified Information//Basic

1. Incident Name:				3.				
BEAR				Bran	ch:		Division/Group):
2. Operational Period:	DAY							
Date/Time From:		Date/Time To	:					PAPA
06/11/2024 0700	TUE	06/11/2024 220	DO TUE					
4.			Operations Personn	el				
OPERATIONS CH	IIEF GABLER, JU	STIN		BRA	ANCH DIRE	CTOR		
DIVISION/GROUP SUPERVIS	OR RANEY. DAV	/ID	A	R ATTA			COX, SEAN C	
	- ,						,	
5.	•	Reso	urces Assigned this	Period				
Strike Team / Tas Resource Desi		LWD	Leader		Number Persons	Dron	Off PT./Time	Pick Up PT./Time
IHC ENTIAT C-3	griator	06/22	PICKARD, DANIEL	F	21	ICP/060		ICP/2000
T2IA NAVAJO SCOUTS 1 C-/	4	06/22	BILLIE, BRIAN		20	ICP/060		ICP/2000
	т 							
DZR2 - MAYER E-3		06/22	MAYER, B		2	ICP/060		ICP/2000
TFLD(T) O-1.11		06/22	BRANNON, CHRIS		1	ICP/060		ICP/2000
SOFC O-1.32		06/22	STRICKLAND, GAF	RY	1	ICP/060	00	ICP/2000
6. Control Operations/Work Assignments:								
 Consider natural res Document line location Document any poss 	tions and comn	nunicate inforr	nation to Resourc			ructing	line.	
8.		Divisior	n/Group Communica	tion Sum	nmary			
Function	Channel	RX Frequency			TX Freque	ncy N/W	TX Tone/NA	C Mode
COMMAND	10	172.6750		.4	166.36	-	186.2	A
TACTICAL	2	168.2000	N 123	.0	168.200	00 N	123.0	A
AIR TO GROUND	13	166.9000	N		166.900	00 N		А
9. Prepared By (Resource Un	it Leader)	Appro	oved By (Planning Se	ction Ch	nief)	D	ate	Time
LES BUCE		RUT	TH KOHLER			0	6/10/2024	2000
ICS 204 WF (1/14)		Controlled	l Unclassified Info FINAL	rmation	//Basic	1		Page 1 of 1

Division/Group Assignment List (ICS 204 WF) Controlled Unclassified Information//Basic

1. Incident Name:				3.				
BEAR				Bran	nch:		Division/Group):
2. Operational Period:	DAY							
Date/Time From:		Date/Time To:		1			CON	TINGENCY
	JE	06/11/2024 220						
4.	•		Operations Personr	nel				
OPERATIONS CHI	EF GABLER, JU	JSTIN		BR	ANCH DIRE	CTOR		
DIVISION/GROUP SUPERVISO	R DAZEN. MA	RWIN * (T)	A	IR ATTA	CK SUPERV		COX, SEAN C	
	SIGG, MATT	. ,					- ,	
5.	•	Resou	rces Assigned this	Period				
Strike Team / Task Resource Desigr		LWD	Leader		Number Persons	Drop	Off PT./Time	Pick Up PT./Time
*ENG6 AZCOF E672 E-27		06/14	JACOBSON, JOHN			ICP/06		ICP/2000
*ENG6 PINETOP B5 E-5		06/22	CRAIG, DARRELL		3	ICP/060	00	ICP/2000
*ENG - 5261		06/22	LEE, LENWOOD			ICP/060	00	ICP/2000
ENG6 VALKYRIE FIRE E-2		06/23	REESE, CHARLES		3	ICP/060		ICP/2000
ENG6 JOSEPH CITY E-2215 E	-4	06/23	MCGRAW, JERRY			ICP/060	0	ICP/2000
WTT1 - 41 PINE STRAWBERRY		06/23	TURLEY, GARRET			ICP/060		ICP/2000
WTT2 - 304 SUNSITES PEARC		06/24	GARNER, AUSTIN		2	ICP/060		ICP/2000
WTS1 - STEEPLE E-1	/	06/21	ZOSPAH, LOUIS			ICP/06		ICP/2000
SOFC 0-1.32		06/21	STRICKLAND, GAF	~		ICP/06		ICP/2000
6. Control Operations/Work As		00/22	STRICKLAND, OAI	N			50	101 /2000
 Look to improve G4 a Assess structures ald Develop a plan for st 7. Special Instructions: 	ong G3 Road	between north	end of fire and 1	2 Roac	d.	ecue.		
• * Denotes available f	or IA as need	ded.						
8		1	/Group Communica		1			
Function	Channel	RX Frequency			TX Freque	-		
COMMAND	10	172.6750			166.362		186.2	A
	3	168.6000		.0	168.600		123.0	A
AIR TO GROUND 9. Prepared By (Resource Unit	13	166.9000 N	ved By (Planning Se	etion C	166.900		ate	A Time
	Leduer)							
LES BUCE			H KOHLER	- 1	//Decis	0	6/10/2024	2000
ICS 204 WF (1/14)		Controlled	Unclassified Info FINAL	mation	I//Basic			Page 1 of 1

H-8PA 6. PERSONNEL DISPATCH SPRINGERVILLE *EFFECTIVELY ARTICULATE VALUES AT RISK AND END STATE WHEN UTILIZING FIXED WING RETARDANT* PLAN OUT AIR LOGISTICS MISSIONS. CONSOLIDATE MISSIONS TO REDUCE LOGISTICAL TIME LAG ASSESSMENTS, WEATHER, UNCLEAR INTENT, OR HIGHER LOCALIZED, REGIONAL, OR NATIONAL DELAYS IN AIRCRAFT ON SCENE TIMES. SOME CONTRIBUTORS TO DELAYS INCLUDE RISK BEAR AIR OPERATIONS SUMMARY Air Ops AIR RESCUE = SPECIALTY **MEDEVAC= FLAT PITCH LANDING** PRIORITIES TO NAME A FEW. DO YOUR PART FOR AVIATION MISSION SUCCESS. A NUMBER OF FACTORS CAN CONTRIBUTE TO FAA N# IN THE ABSENCE OF AERIAL SUPERVISION, ORDER AIRCRAFT THROUGH OPERATIONS H-8PA SHORT-HAUL CAPABLE 8PA ¥ ω AS-350 B3 MAKE/ Aircraft Desk NAME Garrett Dielmans Sean Cox SOW BASE START 0700 928-333-6360 203-695-2482 530-409-2363 PHONE # Prepared By: Sean Cox AOBD AVAIL 0730 **BEAR TFR AA BEAR A/G Secondary BEAR A/G Primary** BEAR AA 2. OPERATIONAL PERIOD 7. FREQUENCIES PAX,H20,SH,AI VMED 28 06/11/2024 REMARKS 120.1250 123.1250 ΡM FAA N# **START TIME:** Prepared: 06/10/2024 168.7375 166.9000 155.3470 0700 ₹ FN MAKE/ T3 UAS AI CAPABLE MODULE ARRIVING TODAY 8. FIXED-WING Avail/ Type/ Make-Model/ N#/ Base BEAR HELISPOT 33 59.9757 X 110 27.0433 Send costs to : 2024.bear.finance@firenet.gov LONELY HELISPOT 34 01.67 X 110 31.12 END TIME: **AIRTANKERS: ORDER THRU AERIAL SUPERVISION** SCOOPERS : ORDER THOUGH AERIAL SUPERVISION 2000 BASE FREQ 123.125 **TFR 4/5312 AA- 5FS DEE TOWNSEND** START Prepared Time: 1900 hrs. SUNRISE: 0508 AVAIL SUNSET: REMARKS 1934

Controlled Unclassified Information/Basic

Outer space exists because it's afraid to be on the same planet with Chuck Norris Justin Gobler.

HELICOPTER EXTRACTION OPERATIONS

The intent of helicopter insertion/extraction operations is to facilitate the movement of personnel to and from inaccessible areas. These operations are not meant to be a medical transport resource; life flight and ground transportation should always be ordered in addition to the extraction aircraft and crew.

ORDERING:

- On-scene EMT and/or Incident within Incident IC determines that an extraction helicopter is needed and places the order through the pre-established procedures:
 - o Division Supervisor
 - Incident Communications
 - o Dispatch Center
- When ordering extraction aircraft provide the following information:
 - o Location (Lat/Long) of patient
 - o Known Hazards
 - Wind Speed and Direction
 - o **Terrain**
 - o Incident Updates

SITE SELECTION:

- The helicopter crew will confirm the extraction location when they arrive on scene. However, a general rule is any clearing that is 10'x10' with visible sight lines to the sky is a suitable extraction site.
- If the terrain is steep, excavating a platform or shelf can make it easier for patient packaging.

QR Code-Short-haul Site Selection Video

CONSIDERATIONS:

- Short-haul and hoist are safe and efficient operations for extracting injured personnel of any severity including "Green" patients.
- Ensure area is clear of non-essential items, hazards, and personnel.
- Rotor wash may affect overhead hazards and blowing dust/debris can create brown out conditions or influence fire behavior.
- Aerial Supervision is valuable for coordinating aviation medevac/extraction missions and should be ordered if available and not currently present.
- The aircrew will make the final assessment of the mission. Always have a contingency plan in case a helicopter cannot complete the request.

DEFINITIONS:

Rescue Hoist: A cable winching device mounted to the helicopter that can lower/raise persons attached to a cable.

• Common cable lengths are 250-300 feet.

Short-haul: To insert or extract one or more persons suspended on a fixed line beneath a helicopter.

• Common short-haul line lengths are 100, 150, and 250 feet. The lines can also be connected for a longer line if the situation requires it.

Short-Haul Operations

CAPABILITIES

- During an operational Short-Haul the helicopter is capable of inserting Short-Haulers into an area with tight canopy cover and/or technical terrain.
- Haul line lengths range from 100 feet to 350 feet.
- Short hauler and/or medical gear can be delivered to the medical scene even if extraction by short-haul is not necessary.

ORDERING

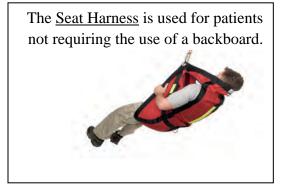
- EMT or Medical Incident IC determines medical extraction is required.
- Follow local established procedures and/or Medical Incident Report (MIR) in the IRPG.
- Confirm aircraft type, call sign, estimated time of arrival and frequency.
- Give site selection information when ordering: hazards (i.e. ash, smoke, snags, aerial), tree height, terrain, and patient transport configuration (supine or seated position). Repeat hazards and give updated weather conditions as well as brief patient update to responding helicopter.

PROCESS: The helicopter will fly to the coordinates provided. They will make contact with ground personnel on scene with the patient using an identified air-to-ground frequency. The helicopter will complete a short-haul recon and size up, gather patient update information and then fly to a landing zone (LZ) to configure for short-haul operations. The helicopter will be monitoring the appropriate air-to-ground, air guard and victor frequencies. From this point, ground resources should only contact the helicopter in case of an emergency. During the insertion and extraction process ground personnel must be clear of the area.

ON SCENE: EXPECT THE FOLLOWING

- 1 or 2 rescuers (at least one qualified as an EMT or higher)
- Backboard (if needed and not already on scene)
- All equipment necessary for patient extraction

The <u>Patient Extraction Bag</u> accommodates most backboards. -A patient on a backboard, TRS, SKED or litter will be inserted into the bag.



Page 24

Norman *.*	Mike I	Signature: Mike Norman		MAN	COML M. NORMAN	COM	Name:	ader	6. I-205 Prepared By: Communications Unit Leader	105 Prepared By: Co	6. I- 2
								202-664-9605	COMM UNIT Phone # 202-664-9605	5. Special Instructions:	5. Sp
	A	110.9	z	168.6250	0.0	z	168.6250			AIR GUARD	16
// MEDICAL EVAC //	Þ	0.0	z	154.2800	0.0	z	154.2800	Medical Evac	VFIRE 21	St Mutual Aid	15
Air Ops with Bucket	Þ	0.0	z	168.7375	0.0	z	168.7375	Secondary	Β	B - A/G	14
Air Ops with Air Attack	Þ	0.0	z	166.9000	0.0	z	166.9000	Primary	A	A - A/G	3
SPRINGERVILLE DISPATCH	Þ	162.2	z	166.3625	151.4	z	172.6750		SPVL DISP	FIRE McKAYS	12
SPRINGERVILLE DISPATCH	Þ	151.4	z	166.3625	151.4	z	172.6750		SPVL DISP	FIRE MAVERICK	=
SPRINGERVILLE DISPATCH	Þ	186.2	z	166.3625	151.4	z	172.6750		SPVL DISP	FIRE CHEDISKI	10
	₽		z			z		NOT ASSIGNED	UNASSIGNED	Command	٥
	A	123.0	z	168.1000	123.0	z	170.4500	COMMAND	CMD 8	Command	∞
LOCAL I/A	A	0.0	z	167.1750	0.0	z	167.1750	١/A	LOCAL I/A	I/A A/G	7
	Þ	123.0	z	168.2500	123.0	z	168.2500	NOT ASSIGNED	TAC 6	Tactical	6
	A	123.0	z	166.7750	123.0	z	166.7750	NOT ASSIGNED	TAC 5	Tactical	ъ
I/A	A	123.0	z	166.7250	123.0	z	166.7250	I/A	TAC 4	Tactical	4
CONTINGENCY	A	123.0	z	168.6000	123.0	z	168.6000	CONTIN	TAC 3	Tactical	ω
DIV P	A	123.0	z	168.2000	123.0	z	168.2000	DIV P	TAC 2	Tactical	N
DIV A	A	123.0	z	168.0500	123.0	z	168.0500	DIV A	TAC 1	Tactical	<u> </u>
Remarks	Mode Analog (A) Digital (D) Mixed (M)	TX Tone/NAC	N/W	TX Freq	RX Tone/NAC	N/W	RX Freq	Assignment	Channel Name	Function	Ch #
				UTILIZATION	4. BASIC RADIO CHANNEL UTILIZATION	IC RAD	4. BAS				
0600 - 2000	6-11-2024		1800	6-10-2024 18		Fire	Bear Fire				
3. OPERATIONAL PERIOD DATE/TIME	3. OPERATIO		ARED	2. DATE/TIME PREPARED			1. INCIDENT NAME	LAN 1-205	INCIDENT RADIO COMMUNICATIONS PLAN 1-205	DENT RADIO CO	INC

Controlled Unclassified Information//Basic



SAFETY MESSAGE

Bear Fire

AZ-FTA 000231 - June 11 - DAY SHIFT Major Hazards

> Heat Related Illness Communications Direct Attack/Gravity Hazards IWI-possible delay

- Heat Related Illness: Ensure that all crew members know the signs and symptoms. Always use the buddy system. Refer to IRPG pages (110-111)
- Communications: Beware and flexible to field changes of condition of Comms on <u>ALL</u> divisions. Ensure radio checks are made before engaging in fire activities. Use Human repeaters. If you don't know, ask!
- **Direct Attack/Gravity Hazards:** Communicate all hazards. Rolling rocks and gravity hazards are always present. There is one primary tip that can help: Keep an eye on the ground. When walking downhill/downslope, walk perpendicular to the hill, taking shorter strides and going slowly while remaining cautious of obstacles.
- **IWI-Possible Delay:** Have a solid plan, have a back up plan. Has your environment changed? Will weather affect extraction? Think of all foreseeable problems, then act. Use the P.A.C.E. model. Make sure you go over the 204, Identify medical, adjacent divisions or crews that can support you if needed. Make your plan as you might experience delay with extraction.

Think strategically! Weigh all actions against the consequences of failure, not the probability of success

Safety Officers, CC Christensen, Gary Strictland

1. Incident/Project Name				2. Operational Period					
Bear Fire				Date/Time Tuesday, June 11, 2024 0700-2200					
3. Ambulance Services			L						
Name		Complete Add	ress		Phone		4	Advanced Life Support (ALS) Yes No	
* WMAT EMS	10	3 W. Rainbow St, Whiteriver,	AZ 8594	41	928-338-3095		XXX	xxxxxxx	
Timber Mesa Fire Medical	91	11 Ambo			928-537-5091		ххх	xxxxxx	
Pinetop Fire District	91	11 Ambo			Low PD Dispa 928-537-5091	Show	xxx	xxxxxx	
Heber Overgaard Fire Medica	I 91	11 Ambo			Low PD Dispa 928-537-5091 Low PD Dispa	Show	xxx	xxxxxxx	
4. Air Ambulance Service	s								
Name		Phone			Туре о	f Aircraft & C	Capab	ility	
Air Evac		1-877-411-5280		Each can	n A-star @ Show Lo transport one patien t with helicopter)			in ETA to scene has night vision (Vfire 21	
Native Air		1-877-411-5280		Can transp				2-20 min ETA to scene ight vision (Vfire 21 for	
AZ Highway Patrol- Ranger		800-247-6337- Phx Dispat Incident Comms	tch/	Phoenix a	per is a Bell 407 (Sho nd Flagstaff. ETA to nd availability (VFire	ICP 30min t	o 2 ho	ours depending on	
5. Hospitals									
Name Complete Address	C Deg DD	PS Datum – WGS 84 Coordinate Standard grees Decimal Minutes 0° MM.MMM' N - Lat		vel Time om ICP Gnd	Phone	Helipad Yes N		Level of Care	
Whiteriver Indian Hospital	Lat:	^o MM.MMM' W - Long N 33° 52.34.4094	15-20	0 1.0	Main 928-338-	\boxtimes		Facility Level 4 Trauma Center	
200 W. Hospital Drive Whiteriver, AZ 85941	Long: VHF:	W 109° 57. 40.233	Min	hrs	4911				
Honor Health Scottsdale Osborne Medical Center 7400 E Scottsdale Rd Scottsdale, AZ 85251	Lat: Long: VHF:	N 33° 29.347 W 111° 55.325	45-60 Min		Main: 480-882- 4000 ER: 480-882- 4815			Level 1 Trauma Center	
Maricopa Medical Center 2601 E Roosevelt St Phoenix, AZ 85008	Lat: Long: VHF: Long: VHF:	N 32° 27.470 W 112° 01.569 W 111° 32.270	45-60 Min		Main: 602-344- 5011 ER: 602-344- 5411 ext 1 then ext 2 for ED Staff 602-344-5720 Patab Lina			Level 1 Trauma and Burn Center	
Summit Healthcare Hospital 2200 E. Show Low Lake Rd, Show Low, AZ 85901	Lat: Long: VHF:	N 34º 12.166 W 110º 01.129	20 Min	1.0 Hours	Patch Line ED Direct: 928- 537-6371 Physician patch phone: 928-537- 3090			Level 4 Trauma Center	

Division Branch Group	Area Location Capability	
	EMS Responders & Capability:	O-1.4 MEDL Jim Morgan
		E-28 ALS Ambulance
ICP	Equipment Available on Scene:	ACLS equipment, ALS Transport
	Medical Emergency Channel:	Command 8
	ETA for Ambulance to Scene:	
	Air:	Guardian and Native 25-35 mins
	Ground:	TMFMD 1-1.5 hours for Ambulance from ICP
	Approved Helispot:	ICP
	Lat:	N 34° 00217
	Long:	W 110° .45642
	Approved Helispot:	
	Lat:	
	Long:	

Division Branch Group	Area Location Capability	
	EMS Responders & Capability:	O-7 REMS 1 Pinetop
	Equipment Available on Scene:	ACLS equipment, UTV, Rapid Extraction
	Medical Emergency Channel:	Command 8
	ETA for Ambulance to Scene:	
	Air:	Guardian and Native 25-35 mins
	Ground:	TMFMD 1-1.5 hours for Ambulance from ICP
	Approved Helispot:	
	Lat:	
	Long:	
	Approved Helispot:	
	Lat:	
	Long:	

Division Branch Group	Area Location Capability	
	EMS Responders & Capability:	IDMT 3 Wilderness Medics
	Equipment Available on Scene:	1 EMPF and 1EMTF with ALS and BLS Medical Kit
	Medical Emergency Channel:	Command 8
	ETA for Ambulance to Scene:	
	Air:	Guardian and Native 25-35 mins
	Ground:	TMFMD 1-1.5 hours for Ambulance from ICP
	Approved Helispot:	
	Lat:	
	Long:	
	Approved Helispot:	
	Lat:	
	Long:	

Division Branch Group	Area Location Capability	
Contingency	EMS Responders & Capability:	Unstaffed
Contingency	Equipment Available on Scene:	
	Medical Emergency Channel:	Command 8
	ETA for Ambulance to Scene:	
	Air:	Guardian and Native 25-35 mins
	Ground:	TMFMD 1-1.5 hours for Ambulance from ICP
	Approved Helispot:	
	Lat:	
	Long:	

After hour emergencies MEDL Jim Morgan 928-940-4409

1. Prepared By (Medical Unit Leader)	2. Date/Time	3. Reviewed By (Safety Officer)	4. Date/Time
Jim Morgan MEDL	6/10/2024 1600	VS Charles Christensen	6-10-24 1600



The importance of sleep

- Adults need a minimum of seven hours sleep every night for improved health and well-being.
- In 2016 the Centers for Disease Control and Prevention concluded that more than one third of Americans weren't getting enough sleep. Kimberley Hardin, MD, director of the sleep medicine fellowship program at the University of California Davis, says many people take good sleep for granted.
- "People underestimate the importance of sleep, and less than seven hours per night on a regular basis has negative effects. It essentially creates a fight-or-flight state, with increased stress hormones and release of adrenaline," she told Healthline.
- "Sleep is like anything else in the body," Dr. Hardin said. "It's a natural state and has to be taken care of to be healthy. Sleep should leave you feeling refreshed, not groggy and struggling. Realistic expectations are essential. And sleep changes as you age, so you may not feel as rested as you did when you were a younger."
- Less than five hours sleep per night on a regular basis is associated with higher mortality and having less than seven hours sleep for three nights in a row has the same effect on the body as missing one full night of sleep.
- And poor sleep can have both short-term and long-term health consequences.
- "Bad sleep can result in long-term problems with mood, memory, and blood sugar, among other things," Suzanne Stevens, MD, a sleep neurologist at the University of Kansas Health System, told Healthline. "Short-term consequences of bad sleep may include sleepiness, poor judgment, car accidents, moodiness, memory problems, workplace mistakes, and more. Chronic poor sleep affects not only the ability to function well the next day, but the sleep deficit builds up the longer sleep isn't good."
- Inside the body, chronically bad sleep can cause problems.
- Poor sleep can increase inflammation, blood pressure, insulin resistance, cortisol, weight gain, and cardiovascular disease, as well as decrease blood sugar regulation.

How Sleep Strengthens Your Immune System

- Researchers say adequate sleep helps T cells in your body fight off infection.
- If you needed another reason to get a good sleep, this might be it.
- Sleep helps the immune system.
- Numerous studies have reported the benefits of a good night's sleep, and now researchers from Germany have found that sound sleep improves immune cells known as T cells.
- "T cells are a type of... immune cells that fight against intracellular pathogens, for example virus-infected cells such as flu, HIV, herpes, and cancer cells," Stoyan Dimitrov, PhD, a researcher at the University of Tübingen and an author of the study, told Healthline.
- The study found a new mechanism through which sleep can assist the immune system.
- "We show that the stress hormones adrenaline and noradrenaline (also known as epinephrine and norepinephrine) and proinflammatory molecules prostaglandins inhibit the stickiness of a class of adhesion molecules called integrins," Dr. Dimitrov said. "Because the levels of adrenaline, noradrenaline, and prostaglandins are low during sleep time, the stickiness of the integrins is stronger. This stickiness is important because for T cells to kill virus-infected cells or cancer cells, they need to get in direct contact with them, and the integrin stickiness is known to promote this contact."



2024.bear.finance@firenet.gov

All paperwork will be submitted <u>electronically</u> to Finance-this ensures the correct person will assist you. If you are not able to email Finance directly, please utilize the copy trailer. Submit your CTR/Shift Ticket every 1-2 days in <u>PDF</u> format. (Can be a photo in PDF format.)

If you are on an agreement of any kind make sure to send a copy direct to finance also. Ie. VIPR/EERA/CFRA etc and please send in your RO.

PLEASE MAKE SURE YOUR NAME & RO# IS ON THE SUBJECT LINE OF ALL EMAILS.

Please ensure your phone number and an email address that you have current access to, is on your CTR's/ST's so any member of the finance section can contact you. Field Maps Access & Helpful Hints

 If you do not already have a NIFC AGOL account, scan the QR code and fill out the form to request one.
 Follow instructions provided via email to complete account setup.

2. Download the Field Maps app to your mobile device (smartphone or tablet).

3. Email the Situation Unit at

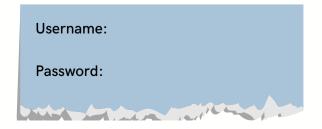
2024.bear.situation@firenet.gov and request to be added to the 2**024 Bear AZ-FTA Mobile Edit Group**. Scan the QR code to quickly send the email. Include your AGOL username if possible.

4. Open the Field Maps app and locate the map to use for the incident.

Additional Notes:

- If you do not see the map after being added to the group, sign out and sign back in to Field Maps
- Download one or more offline areas while you are connected to WiFi or cell coverage if you will be working in areas without cell coverage
- Sync your offline area in the morning and evening when you return to WiFi or cell coverage

Come by the Situation Unit at ICP for assistance!













White Mountain Zone Type 3 Check-In Form

Please use the QR Code to check-in.

After completion of a check-in form, please email your **Resource Order**, **Red Card**, and **Crew Manifest** to the status check-in: 2024.bear.checkin@firenet.gov

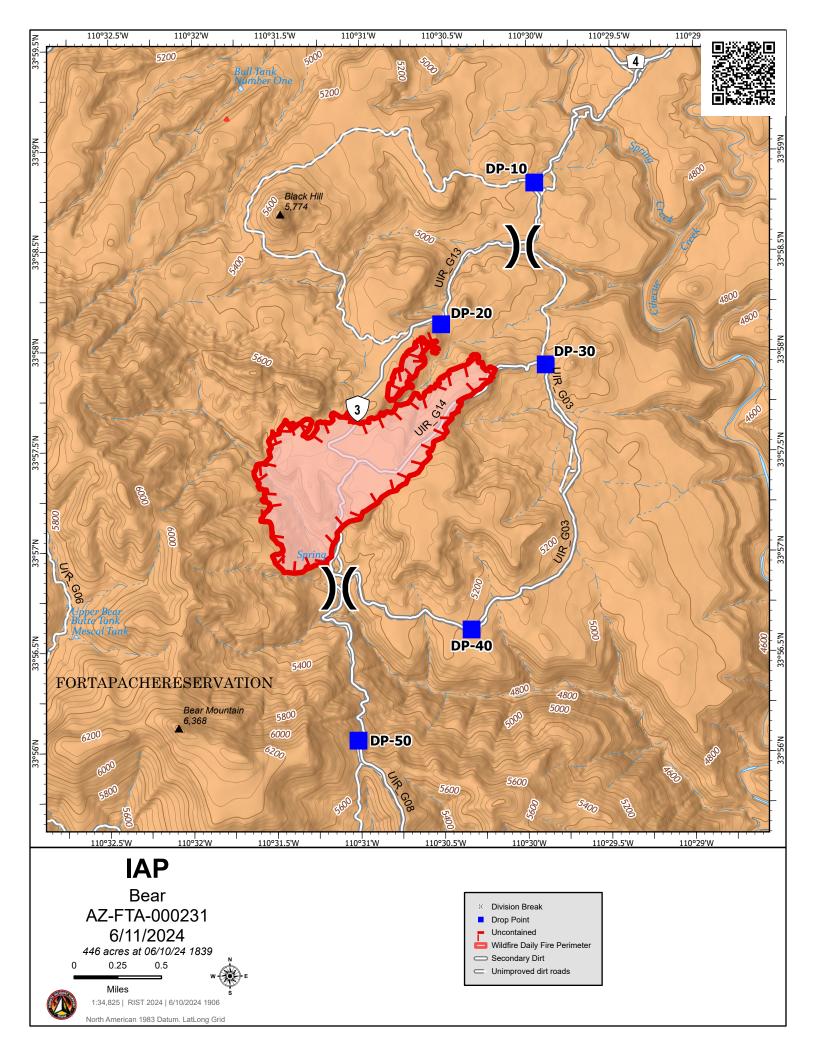
Please email your financial documents (such as contracts and AD forms) to Finance: 2024.bear.finance@firenet.gov

after you check-in.



Bear Fire Check-In QR Code https://forms.office.com/g/287LbNekYg

If you need assistance, you can call or text: (801) 247-7876.



FOR A NON-EMERGENCY INCIDENT, WORK THROUGH CHAIN OF COMMAND TO REPORT AND TRANSPORT INJURED PERSONNEL AS NECESSARY.							
FOR A	MEDICAL EN	IERG	ENCY: IDENTIFY ON			R BY	NAME AND POSITION AND
ANNOUNCE "MEDICAL EMERGENCY" TO INITIATE RESPONSE FROM IMT COMMUNICATIONS/DISPATCH.							ATIONS/DISPATCH.
Use	the follow	<i>w</i> ing	itemsto commu	nicate situa	ition to com	mun	ications/dispatch.
 CONTACT COMMUNICATIONS / DISPATCH (Verify correct frequency prior to starting report) Ex: "Communications, Div. Alpha. Stand-by for Emergency Traffic." INCIDENT STATUS: Provide incident summary (including number of patients) and command structure. Ex: "Communications, I have a Red priority patient, unconscious, struck by a falling tree. Requesting air ambulance to Forest Road 1 at (Lat./Long.) This will be the Trout Meadow Medical, IC is TFLD Jones. EMT Smith is providing medical care." 							
Severity of Emergency / Transport Priority Priority RED / PRIORITY 1 Life or limb threatening injury or illness. Evacuation need is IMMEDIATE Ex: Unconscious, difficulty breathing, bleeding severely, 2° – 3° burns more than 4 palm sizes, heat stroke, disoriented. YELLOW / PRIORITY 2 Serious Injury or illness. Evacuation may be DELAYED if necessary. Ex: Significant trauma, unable to walk, 2° – 3° burns not more than 1-3 palm sizes. GREEN / PRIORITY 3 Minor Injury or illness. Non-Emergency transport Ex: Sprains, strains, minor heat-related illness.							
Nature of Injury	or Illness						
& Mechanism c	of Injury					,	Brief Summary of Injury or Illness Ex: Unconscious, Struck by Falling Tree)
Transport Re	equest						Air Ambulance / Short Haul/HoistGround Ambulance / Other
Patient Loc	cation					De	escriptive Location & Lat. / Long. (WGS84)
Incident N	ame						Geographic Name + "Medical"(Ex: Trout Meadow Medical)
On-Scene Incident	Commander					٨	lame of on-scene IC of Incident within anIncident (Ex: TFLD Jones)
Patient C	are						Name of Care Provider(Ex: EMT Smith)
3. INITIAL PATIENT	ASSESSMENT	: Comp	plete this section for each patien	nt as applicable (start wit	h the most severe patien	nt)	
Patient Assessment:	See IRPG page	e 106					
Treatment:							
4. TRANSPORT PLA	N:						
Evacuation Location (if different): (Descriptive Location (drop point, intersection, etc.) or Lat. / Long.) Patient's ETA to Evacuation Location:							
Helispot / Extraction Site Size and Hazards:							
5. ADDITIONAL RESOURCES / EQUIPMENT NEEDS:							
Example: Paramedic/EMT, Crews, Immobilization Devices, AED, Oxygen, Trauma Bag, IV/Fluid(s), Splints, Rope rescue, Wheeled litter, HAZMAT, Extrication							
			r/Ground EMS Frequenci			ble	
Function Ch	hannel Name/Nun	nber	Receive (RX)	Tone/NAC *	Transmit (TX)		Tone/N AC *
COMMAND							
AIR-TO-GRND							
TACTICAL							
7. CONTINGENCY: <u>Considerations</u> : If primary options fail, what actions can be implemented in conjunction with primary evacuation method? Be thinking ahead.							
8. ADDITIONAL INFORMATION: Updates/Changes, etc.							
REMEMBER: Confirm ETA's of resources ordered. Act according to your level of training. Be Alert. Keep Calm. Think Clearly. Act Decisively.							

ACTIVITY LOG (ICS 214)

1. Incident Name:			2. Operational Period: Date From: Date To:				
				Time Fror	m: Time To:		
3. Name:		4. IC	CS Position:		5. Home Agency (and Unit):		
6. Resources Assig	gned:						
Name			ICS Position		Home Agency (and Unit)		
7. Activity Log:							
Date/Time	Notable Activities						
					<u> </u>		
8. Prepared by: Name:			Position/Title:		Signature:		
ICS 214, Page 1			Date/Time:				