

Draw Fire

AZ-ASF-000666

Apache Sitgreaves National Forest

Sunday July 27, 2025

0600-2200



Maps. Check-in. Finance.

Justin Gabler, IC

Tom Lopez, IC (t)

INCIDENT OBJECTIVES (ICS 202)

1. Incident Name:		2. Operational Period: DAY SHIFT														
DRAW		Date/Time From: 07/27/2025 0600 SUN	Date/Time To: 07/27/2025 2200 SUN													
3. Objective(s): 1. Provide for firefighter and public safety. 2. Employ a full suppression strategy utilizing safe tactics with a high probability of success. 3. Minimize negative fire effects to structures, infrastructures, powerlines and cultural and heritage areas by utilizing BMP's to minimize impacts to T&E species. 4. Look for advantageous opportunities to minimize acres burned, in order to reduce prolonged smoke impacts to firefighters, recreational areas, dispersed camp sites and highly traveled road. 5. Provide timely, accurate informational updates to agency, all cooperators, partners and the public.																
4. Operational Period Command Emphasis: Be aware of heavy equipment working around you.																
General Situational Awareness: Hydrate, hydrate, hydrate.																
5. Site Safety Plan Required? Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>																
Approved Site Safety Plan(s) Located at:																
6. Incident Action Plan (the items checked below are included in this Incident Action Plan): <table border="0" style="width: 100%;"><tr><td><input checked="" type="checkbox"/> ICS 202</td><td><input type="checkbox"/> ICS 207</td><td rowspan="6">Other Attachments: <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____</td></tr><tr><td><input checked="" type="checkbox"/> ICS 203</td><td><input type="checkbox"/> ICS 208</td></tr><tr><td><input checked="" type="checkbox"/> ICS 204</td><td><input checked="" type="checkbox"/> ICS 220</td></tr><tr><td><input checked="" type="checkbox"/> ICS 205</td><td><input type="checkbox"/> Map/Chart</td></tr><tr><td><input type="checkbox"/> ICS 205A</td><td><input checked="" type="checkbox"/> Weather Forecast/Tides/Currents</td></tr><tr><td><input checked="" type="checkbox"/> ICS 206</td><td></td></tr></table>				<input checked="" type="checkbox"/> ICS 202	<input type="checkbox"/> ICS 207	Other Attachments: <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____	<input checked="" type="checkbox"/> ICS 203	<input type="checkbox"/> ICS 208	<input checked="" type="checkbox"/> ICS 204	<input checked="" type="checkbox"/> ICS 220	<input checked="" type="checkbox"/> ICS 205	<input type="checkbox"/> Map/Chart	<input type="checkbox"/> ICS 205A	<input checked="" type="checkbox"/> Weather Forecast/Tides/Currents	<input checked="" type="checkbox"/> ICS 206	
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<input checked="" type="checkbox"/> ICS 206																
7. Prepared by: RUTH KOHLER		Position/Title: PLANNING SECTION CHIEF	Signature:													
8. Approved by Incident Commander:		Name: TOM CHAVEZ	Signature:													
ICS 202		IAP Page	Date/Time: 07/26/2025 1900													

Spot Forecast for Draw Incident...USFS

National Weather Service Flagstaff AZ
635 PM MST Sat Jul 26 2025

.DISCUSSION...Monsoon moisture will be on the increase over the coming days. A stray shower or thunderstorm will be possible on Sunday with showers and storms becoming likely on Monday. Winds will generally remain light but could become gusty should any thunderstorms develop. Minimum/maximum RH values will be on the rise.

.SUNDAY...

Sky/weather.....Sunny early then becoming partly cloudy. Slight chance of a shower or thunderstorm.

Chance of pcpn.....10 percent.

Max temperature.....Around 82.

Min humidity.....13 to 17 percent.

Wind (20 ft).....Light and variable winds until 8:00 AM becoming south at 5 to 15 mph then shifting to west late in the afternoon. Gusty and erratic winds expected near thunderstorms in the afternoon.

Max Vent Rate.....Excellent.

Clearing Index.....1658.

Mixing height.....12500 ft AGL in the morning increasing to 14400 ft AGL in the afternoon.

Transport winds.....South around 10 knots.

.SUNDAY NIGHT...

Sky/weather.....Partly cloudy then becoming mostly cloudy. Slight chance of a shower or thunderstorm.

Chance of pcpn.....10 percent.

Min temperature.....Around 50.

Max humidity.....61 percent.

Wind (20 ft).....West wind at 3 to 7 mph until 7:00 PM shifting to north at 1 to 4 mph.

Clearing Index.....1.

Mixing height.....100 ft AGL.

Transport winds.....Southwest 0 to 5 knots shifting to the southeast overnight.

.MONDAY...

Sky/weather.....Partly sunny then becoming cloudy. Showers and thunderstorms likely.

Chance of pcpn.....70 percent.

Max temperature.....Around 78.

Min humidity.....20 to 25 percent.

Wind (20 ft).....North winds at 1 to 4 mph until 8:00 AM becoming east around 5 mph. Gusty and erratic winds expected near thunderstorms in the afternoon.

Max Vent Rate.....Very good.

Clearing Index.....953.

Mixing height.....11000 ft AGL decreasing to 800 ft AGL late in the afternoon.

Transport winds.....East 0 to 5 knots increasing to 5 to 10 knots in the afternoon.

ORGANIZATION ASSIGNMENT LIST (ICS 203)

1. Incident Name:		2. Operational Period: DAY SHIFT	
DRAW		Date/Time From: 07/27/2025 0600 SUN	Date/Time To: 07/27/2025 2200 SUN
3. Incident Commander(s) and Command Staff:		DIVISION/GROUP	MIKE CHRISTINA BRANNON
IC/UC	JUSTIN A GABLER THOMAS C LOPEZ (T)	DIVISION/GROUP	KILO BERKELEY KRUEGER
7b. Air Operations Branch:			
SAFETY OFFICER		AIR OPS BRANCH DIRECTOR	ROB WILSON
INFORMATION OFFICER	CHRIS LOPEZ	AIR ATTACK SUPERVISOR	
LIAISON OFFICER	RANDY CHEVALIER	AIR SUPPORT SUPERVISOR	
4. Agency/Organization Representative(s):		HELICOPTER COORDINATOR	
Agency/Organization	Name	AIR TANKER COORDINATOR	
A/S FOREST SUPERVISOR	JOSH MILLER	8. Finance/Administration Section:	
A/S DISTRICT RANGER	RON MORTENSON	CHIEF	CLAIRE WOOD BARBARA HOGG (T)
AGENCY ADMINISTRATOR	CHARLES DENTON	TIME UNIT	
5. Planning Section:		PROCUREMENT UNIT	
CHIEF	RUTH KOHLER	COMPENSATION UNIT	
RESOURCES UNIT		COST UNIT	TAMRA MARTINEZ
SITUATION UNIT			
DOCUMENTATION UNIT			
DEMOBILIZATION UNIT			
FIRE BEHAVIOR ANALYST			
HUMAN RESOURCE SPECIALIST			
TRAINING SPECIALIST			
GIS SPECIALIST			
TECHNOLOGY SUPPORT SPECIALIST			
INCIDENT METEOROLOGIST			
6. Logistics Section:			
CHIEF	RICHARD WALLACE		
DEPUTY	GENE BEAUDOIN		
SUPPLY UNIT	TJ WHARTON		
FACILITIES UNIT			
GROUND SUPPORT UNIT			
COMMUNICATIONS UNIT	MIKE NORMAN GREG OLMSTEAD		
MEDICAL UNIT	JIM MORGAN		
SECURITY UNIT			
FOOD UNIT			
7. Operations Section:			
OPS SECTION CHIEF			
OPS SECTION CHIEF	DAVE RANEY		
STAGING AREA			
DIVISION/GROUP	ALPHA MATTHEW SIGG		
9. Prepared By:			
Name:	RUTH KOHLER	Position/Title:	PLANNING SECTION CHIEF
Signature:			
ICS 203	IAP Page	Date/Time:	07/26/2025 1312

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National Weather Service Flagstaff AZ
635 PM MST Sat Jul 26 2025

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Division/Group Assignment List (ICS 204 WF)

Controlled Unclassified Information//Basic

1. Incident Name:				3.			
DRAW				Branch:		Division/Group:	
2. Operational Period: DAY SHIFT							
Date/Time From: 07/27/2025 0600		Date/Time To: 07/27/2025 2200				ALPHA	
4. Operations Personnel							
OPERATIONS CHIEF		DAVE RANEY		BRANCH DIRECTOR			
DIVISION/GROUP SUPERVISOR		MATTHEW SIGG		AIR ATTACK SUPERVISOR			
5. Resources Assigned this Period							
Strike Team / Task Force / Resource Designator		LWD	Leader	Number Persons	Drop Off PT./Time	Pick Up PT./Time	
GLOBE IHC C-1 CRW1		08/08	DREW MAXWELL	23	/0600	/2200	
BLUE RIDGE IHC C-3 CRW1		08/08	MEGHAN A SHERMAN	25	/0600	/2200	
MORMON LAKE IHC C-2 CRW1		08/09	ANTHONY EDWARD ACHESON	20	/0600	/2200	
SMOD - AZASF LAKESIDE IA O-1 SMOD		08/08	STEVEN J CARREON	9	/0600	/2200	
SMOD - AZASF ALPINE IA O-2 SMOD		08/08	OBANG ODOL	6	/0600	/2200	
SMOD - FLATTOP IA		08/08	HOPPE	10	/0600	/2200	
ENG6 - AZSJO ST JOHNS E1972 E-2 ENG6		08/08	ALAN W SCHULTZ	3	/0600	/2200	
DZR 1-6			CURTIS SMITH	1	/0600	/2200	
SWAMPER			HURTADO	1	/0600	/2200	
SMOKEY MOUNTAIN MEDICS - EERA 1202RZ25K5535 O-12 REM1		08/09	BRANDON CHURCH	4	/0600	/2200	
6. Control Operations/Work Assignments:							
<p>Continue to go direct when opportunity presents itself.</p> <p>Continue scouting for potential indirect opportunities.</p> <p>Scout and prep infrastructures.</p> <p>Burnout where needed.</p>							
7. Special Instructions:							
<p>All medical resources will be shared throughout all divisions.</p> <p>READS are to check with the DIVS when entering and leaving the division.</p>							
8. Division/Group Communication Summary							
Function	Channel	RX Frequency N/W	RX Tone/NAC	TX Frequency N/W	TX Tone/NAC	Mode	
TACTICAL	1	168.6000	110.9	168.6000	110.9		
AIR TO GROUND	4	166.8750		166.8750			
AIR TO GROUND	5	167.8000		167.8000			
9. Prepared By (Resource Unit Leader)			Approved By (Planning Section Chief)		Date		Time
			RUTH KOHLER		07/26/2025		1700

Division/Group Assignment List (ICS 204 WF)

Controlled Unclassified Information//Basic

1. Incident Name:				3.			
DRAW				Branch:		Division/Group: KILO	
2. Operational Period: DAY SHIFT							
Date/Time From: 07/27/2025 0600 SUN		Date/Time To: 07/27/2025 2200 SUN					
4. Operations Personnel							
OPERATIONS CHIEF		DAVE RANEY		BRANCH DIRECTOR			
DIVISION/GROUP SUPERVISOR		BERKELEY KRUEGER		AIR ATTACK SUPERVISOR			
5. Resources Assigned this Period							
Strike Team / Task Force / Resource Designator		LWD	Leader	Number Persons	Drop Off PT./Time	Pick Up PT./Time	
ENG6 - AZRVN ROUND VALLEY FPD B151 G030GJ E-1 ENG6		08/09	LEVI COLE MCDOWELL	3	/0600	/2200	
ENG6 - SUPERSTITION FPD B261 E-6 ENG6		08/09	BRIAN LOGSDON	4	/0600	/2200	
ENG6 - GOLDER RANCH S2239 E-7 ENG6		08/09	JIMMY LABAS	4	/0600	/2200	
ENG6 - BUCKSKIN B11 E-8 ENG6		08/09	TYLER KOWALSKI	3	/0600	/2200	
ENG6 ASF 361				3	/0600	/2200	
WTT1 - AZGRE GREER FPD WT171 E-3 WTT1		08/09	FRANK W ADAMS	2	/0600	/2200	
MASTICATOR					/0600	/2200	
AMB2 - WHERE'S THE FIRE E-10 AMB2		08/08	DEMETRIOS RAEI	2	/0600	/2200	
NOLAN INDEPENDENT MANAGEMENT E-11 MESU		08/09	NICHOLAS NOLAN	2	/0600	/2200	
6. Control Operations/Work Assignments:							
Prep from MM 3 south toward 25 road, using masticator.							
7. Special Instructions:							
ENG 361 available for IA All medical resources will be shared throughout all divisions. READS are to check with the DIVS when entering and leaving the division.							
8. Division/Group Communication Summary							
Function	Channel	RX Frequency N/W	RX Tone/NAC	TX Frequency N/W	TX Tone/NAC	Mode	
TACTICAL	2	168.2000	110.9	168.2000	110.9		
AIR TO GROUND	4	166.8750		166.8750			
AIR TO GROUND	5	167.8000		167.8000			
9. Prepared By (Resource Unit Leader)			Approved By (Planning Section Chief)		Date		Time
			RUTH KOHLER		07/26/2025		1700

Division/Group Assignment List (ICS 204 WF)

Controlled Unclassified Information//Basic

1. Incident Name:				3.			
DRAW				Branch:		Division/Group: MIKE	
2. Operational Period: DAY SHIFT							
Date/Time From: 07/27/2025 0600 SUN		Date/Time To: 07/27/2025 2200 SUN					
4. Operations Personnel							
OPERATIONS CHIEF		DAVID RANEY		BRANCH DIRECTOR			
DIVISION/GROUP SUPERVISOR		CHRISTINA BRANNON		AIR ATTACK SUPERVISOR			
5. Resources Assigned this Period							
Strike Team / Task Force / Resource Designator		LWD	Leader	Number Persons	Drop Off PT./Time	Pick Up PT./Time	
ENG6 - NMTAD E2615 E-13 ENG6		08/10	ABLE VISARRAGA	5	/0600	/2200	
6. Control Operations/Work Assignments: Continue to scout and recon area roads.							
7. Special Instructions: All medical resources will be shared throughout all divisions. READS are to check with the DIVS when entering and leaving the division.							
8. Division/Group Communication Summary							
Function	Channel	RX Frequency N/W	RX Tone/NAC	TX Frequency N/W	TX Tone/NAC	Mode	
TACTICAL	3	168.0500	110.9	168.0500	110.9		
AIR TO GROUND	4	166.8750		166.8750			
AIR TO GROUND	5	167.8000		167.8000			
9. Prepared By (Resource Unit Leader)		Approved By (Planning Section Chief)			Date	Time	
		RUTH KOHLER			07/26/2025	1312	

Controlled Unclassified Information/Basic

AIR OPERATIONS SUMMARY BEAR	Prepared By: Rob Wilson AOBD	Prepared: 07/26/25	Prepared Time: 1900 hrs.			
	2. OPERATIONAL PERIOD 07/27/25	START TIME: 0700	END TIME: 2000	SUNRISE: 0523	SUNSET: 1922	

IN THE ABSENCE OF AERIAL SUPERVISION, ORDER AIRCRAFT THROUGH OPERATIONS

DO YOUR PART FOR AVIATION MISSION SUCCESS. A NUMBER OF FACTORS CAN CONTRIBUTE TO DELAYS IN AIRCRAFT ON SCENE TIMES. SOME CONTRIBUTORS TO DELAYS INCLUDE RISK ASSESSMENTS, WEATHER, UNCLEAR INTENT, OR HIGHER LOCALIZED, REGIONAL, OR NATIONAL PRIORITIES TO NAME A FEW.

PLAN OUT AIR LOGISTICS MISSIONS. CONSOLIDATE MISSIONS TO REDUCE LOGISTICAL TIME LAG

EFFECTIVELY ARTICULATE VALUES AT RISK AND END STATE WHEN UTILIZING FIXED WING RETARDANT

***Only 2 rotors over fire without ATGS**

* Big Lake HELISPOT 33 51.98 / 109 25.58

* Big Lake Dip site 33 52.53 / 109 25.43

***Medical Heli = H-312 / H-320**

**Helicopter 312 released midday
Helicopter 320 arrives midday**

6. PERSONNEL	NAME	PHONE #	7. FREQUENCIES	AM	FM	8. FIXED-WING Avail/ Type/ Make-Model/ N#/ Base
Air Ops	Rob Wilson	928-978-4594	Draw AA	132.0250		AIRTANKERS: ORDER THRU AERIAL SUPERVISION
			Draw AA 2	124.0250		SCOOPERS : ORDER THOUGH AERIAL SUPERVISION
			Draw A/G Primary		166.8750	
			Draw A/G Secondary		167.8000	
						Send costs to : 2025.Draw.finance@firenet.gov
SPRINGERVILLE	Aircraft Desk	928-333-6360				
DISPATCH			VMED 28		155.3470	

FAA N#	TY	MAKE/ MODEL	BASE	START	AVAIL	REMARKS	FAA N#	TY	MAKE/ MODEL	BASE	START	AVAIL	REMARKS
H-7CR	1	UH-60A	SOW	0700	0800	Water drops							
H-15S	2	UH-1H	JTC	0700	0800	Water drops							
H-312	3	AS-350 B3	JTC	0700	0800	Recon, PSD, H2O							
H-320	3	B-407	JTC	0700	0800	Recon, PSD, H2O,Short haul							

MEDICAL PLAN (ICS 206 WF)

1. Incident/Project Name				2. Operational Period				
Draw Fire				Day Sunday, July 27, 2025 0600-2200				
3. Ambulance Services								
Name	Complete Address	Phone	Advanced Life Support (ALS)					
			Yes	No				
White Mountain Ambulance Service	911 Ambo	911 Apache County Dispatch	xxxxxxxxxx					
Pinetop Fire District	911 Ambo	928-537-4365 Show Low PD Dispatch	xxxxxxxxxx					
Timber Mesa Fire and Medical District	911 Ambo	928-537-4365 Show Low PD Dispatch	xxxxxxxxxx					
Heber Overgaard Fire Medical	911 Ambo	928-537-4365 Show Low PD Dispatch	xxxxxxxxxx					
4. Air Ambulance Services								
Name	Phone	Type of Aircraft & Capability						
Guardian Air	1-877-411-5280	Angel 6 Bell 407 @ Summit Hospital minimum 45 min ETA to scene can transport one patient, night vision (A/G VMED 28 or Vfire21)						
Native Air	1-877-411-5280	Native 9 is an A-star or B407 @ Summit Hospital minimum 45 min ETA to scene can transport one patient, night vision (A/G VMED 28 or Vfire21)						
AZ Highway Patrol- Ranger	1-800-247-6337 Phx Dispatch/ incident Comms	DPS Ranger is a Bell 429 (Short-Haul) in Tucson, Bell 407 Kingman (Short Haul) Bell 429 (Hoist) Phoenix and Flagstaff with NVG. ETA to ICP 30min to 2 hours depending on mission and availability. Expect extended response time (A/G Vfire 21)						
5. Hospitals								
Name Complete Address	GPS Datum – WGS 84 Coordinate Standard		Travel Time from ICP		Phone	Helipad		Level of Care Facility
			Air	Gnd		Yes	No	
White Mountain Regional Medical Center 118 South Mountain Avenue. Springerville, AZ 85938	Lat:	N 34° 07.53.004	20-30 Min	20-30 Min	928-338-4911	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Level 4 Trauma Center
	Long:	W 109° 17. 7.98						
	VHF:							
Honor Health Scottsdale Osborne Medical Center 7400 E Scottsdale Rd Scottsdale, AZ 85251	Lat:	N 33° 29.347	45-60 Min	3.0 Hrs	Main: 480-882-4000 ER: 480-882-4815	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Level 1 Trauma Center
	Long:	W 111° 55.325						
	VHF:							
Arizona Burn Center 2601 E Roosevelt St Phoenix, AZ 85008	Lat:	N 32° 27.470	45-60 Min	4.0 Hrs	Main: 602-344-5011 ER: 602-344-5411	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Level 1 Trauma and Burn Center
	Long:	W 112° 01.569						
	VHF:							
Summit Healthcare Hospital 2200 E. Show Low Lake Rd, Show Low, AZ 85901	Lat:	N 34° 12.166	20-30 Min	1.0 Hours	ED Direct: 928-537-6371 Physician patch phone: 928-537-3090	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Level 4 Trauma Center
	Long:	W 110° 01.129						
	VHF:							

MEDICAL PLAN (ICS 206 WF)

Division Branch Group	Area Location Capability	
ICP 165 S. Mountain Ave, Springerville AZ 85938	EMS Responders & Capability:	Jim Morgan
	Equipment Available on Scene:	ACLS equipment
	Medical Emergency Channel:	Command (Big Lake Repeater)
	ETA for Ambulance to Scene:	<i>All Times Approximate</i>
	Air:	Minimum 20 min
	Ground:	Minimum 15 min
	Approved Helispot:	Springerville airport- Fixed Wing
	Lat:	
	Long:	
DIV A	EMS Responders & Capability:	Ambo 1 (EMPF and EMTF), REMS 1 (2 EMPF's, 2EMTF's)
	Equipment Available on Scene:	ALS Ambulance, Tech Rope Rescue and ALS Kit
	Medical Emergency Channel:	Command
	ETA for Ambulance to Scene:	<i>All Times Approximate</i>
	Air:	Minimum 20 min
	Ground:	Minimum 45 min
	Approved Helispot:	None
	Lat:	
	Long:	
DIV K	EMS Responders & Capability:	Med Team 1 (EMPF and EMTF) with UTV
	Equipment Available on Scene:	ALS and BLS Kit
	Medical Emergency Channel:	Command
	ETA for Ambulance to Scene:	<i>All Times Approximate</i>
	Air:	Minimum 20 min
	Ground:	Minimum 45 min
	Approved Helispot:	Big Lake Heli Spot
	Lat:	N 33° 51.925
	Long:	W 109° 25. 560
Div M	EMS Responders & Capability:	Unfilled primary, utilize medical personnel on operational crews
	Equipment Available on Scene:	
	Medical Emergency Channel:	Command
	ETA for Ambulance to Scene:	<i>All Times Approximate</i>
	Air:	Minimum 20 min
	Ground:	Minimum 45 min
	Approved Helispot:	
	Lat:	
	Long:	
	EMS Responders & Capability:	
	Equipment Available on Scene:	Use adjoining DIV medical resources
	Medical Emergency Channel:	Command
	ETA for Ambulance to Scene:	<i>All Times Approximate</i>
	Air:	Minimum 45 min
	Ground:	TBD
	Approved Helispot:	
	Lat:	
	Long:	

1. Prepared By (Medical Unit Leader)	2. Date/Time	3. Reviewed By (Safety Officer)	4. Date/Time
Jim Morgan MEDL <i>James Morgan</i>	7/26/2025 1900		7-26-25 1900

MEDICAL PLAN (ICS 206 WF)



The importance of sleep

- Adults need a minimum of seven hours sleep every night for improved health and well-being.
- In 2016 the Centers for Disease Control and Prevention concluded that more than one third of Americans weren't getting enough sleep. Kimberley Hardin, MD, director of the sleep medicine fellowship program at the University of California Davis, says many people take good sleep for granted.
- "People underestimate the importance of sleep, and less than seven hours per night on a regular basis has negative effects. It essentially creates a fight-or-flight state, with increased stress hormones and release of adrenaline," she told Healthline.
- "Sleep is like anything else in the body," Dr. Hardin said. "It's a natural state and has to be taken care of to be healthy. Sleep should leave you feeling refreshed, not groggy and struggling. Realistic expectations are essential. And sleep changes as you age, so you may not feel as rested as you did when you were a younger."
- Less than five hours sleep per night on a regular basis is associated with higher mortality and having less than seven hours sleep for three nights in a row has the same effect on the body as missing one full night of sleep.
- And poor sleep can have both short-term and long-term health consequences.
- "Bad sleep can result in long-term problems with mood, memory, and blood sugar, among other things," Suzanne Stevens, MD, a sleep neurologist at the University of Kansas Health System, told Healthline. "Short-term consequences of bad sleep may include sleepiness, poor judgment, car accidents, moodiness, memory problems, workplace mistakes, and more. Chronic poor sleep affects not only the ability to function well the next day, but the sleep deficit builds up the longer sleep isn't good."
- Inside the body, chronically bad sleep can cause problems.
- Poor sleep can increase inflammation, blood pressure, insulin resistance, cortisol, weight gain, and cardiovascular disease, as well as decrease blood sugar regulation.

How Sleep Strengthens Your Immune System

- Researchers say adequate sleep helps T cells in your body fight off infection.
- If you needed another reason to get a good sleep, this might be it.
- Sleep helps the immune system.
- Numerous studies have reported the benefits of a good night's sleep, and now researchers from Germany have found that sound sleep improves immune cells known as T cells.
- "T cells are a type of... immune cells that fight against intracellular pathogens, for example virus-infected cells such as flu, HIV, herpes, and cancer cells," Stoyan Dimitrov, PhD, a researcher at the University of Tübingen and an author of the study, told Healthline.
- The study found a new mechanism through which sleep can assist the immune system.
- "We show that the stress hormones adrenaline and noradrenaline (also known as epinephrine and norepinephrine) and pro-inflammatory molecules prostaglandins inhibit the stickiness of a class of adhesion molecules called integrins," Dr. Dimitrov said. "Because the levels of adrenaline, noradrenaline, and prostaglandins are low during sleep time, the stickiness of the integrins is stronger. This stickiness is important because for T cells to kill virus-infected cells or cancer cells, they need to get in direct contact with them, and the integrin stickiness is known to promote this contact."

HEALTH AND SAFETY MESSAGE

SAFETY starts with ***YOU***

We are **ALL** accountable for **SAFE** behaviors

INCIDENT: Draw Fire

DATE: 07/27/2025

TIME: 06:00

Major Hazards and Risks:

Working with Heavy Equipment- Rolling material downhill, Getting struck by pushed over tree's or flying debris from mulching efforts.

Stay above/uphill of working equipment. Maintain communications with operators, and establish hand signals before operations start. With mulching type of equipment, stand clear a minimum of 300 feet.

Fire Order of the Day – Remain in communications with crew, supervisor and adjoining forces

Narrative: Important to know who you are working for and those working around you. Know what work is being completed and insure it is meeting up with the work you are doing and is in alignment with each other and the overall objectives of the mission and intent given. Let each other and those around you know about Safety Hazards and fire movement.

Watch Out Situation of the Day



18.TAKING A NAP NEAR THE FIRELINE

Aerial Retardant Operations

Personnel and equipment can be injured and damaged by the impact of material dropped by aircraft. Clear personnel out of target area when drop is to be made. If an individual is unable to retreat to a safe place, the safest procedure is to:

- Hold onto your handtool away from your body;
- Lie face down, with head toward oncoming aircraft and hardhat in place. Grasp something firm to prevent being carried or rolled about by the dropping liquid;
- Do not run unless escape is assured;
- Get clear of dead snags, tops, and limbs in drop area;
- Get at least 200 feet away from powerlines/poles;
- Working in an area covered by wet retardant should be done with caution due to slippery surfaces.

Some Tactical Use Criteria:

- Call for retardant early, if it is needed, and **follow-up** with aggressive ground suppression action;
- Consider: Drop effectiveness, safety of ground personnel, fuel type(s), wind conditions, fire behavior and ability to follow-up with ground actions;
- Suspend drops if not effective. Notify pilot of any hazards in the area.

Remember that the lead plane or retardant plane pilot makes the final decision on any aerial drops or activity!

Incident Safety Officer: _____

INCIDENT RADIO COMMUNICATIONS PLAN I-205				1. INCIDENT NAME			2. DATE/TIME PREPARED			3. OPERATIONAL PERIOD DATE/TIME	
				DRAW FIRE			07/26/2025 / 1600			07/27/2025 / 0600-2200	
4. BASIC RADIO CHANNEL UTILIZATION											
Ch #	Function	Channel Name	Assignment	RX Freq	N/W	RX Tone/NAC	TX Freq	N/W	TX Tone/NAC	Mode Analog (A) Digital (D) Mixed (M)	Remarks
1	Tactical	TAC 1	DIV A	168.6000	N	110.9	168.6000	N	110.9	A	DIV ALPHA
2	Tactical	TAC 2	DIV K	168.2000	N	110.9	168.2000	N	110.9	A	DIV KILO
3	Tactical	TAC 3	DIV M	168.0500	N	110.9	168.0500	N	110.9	A	DIV MIKE
4	Air to Ground	A/G PRIM	ALL DIV	166.8750	N	0.0	166.8750	N	0.0	A	Draw A/G PRI
5	Air to Ground	A/G SEC	ALL DIV	167.8000	N	0.0	167.8000	N	0.0	A	Draw A/G SEC
6	Big Lake	Big Lake	ALL DIV	170.5750	N	0.0	163.1625	N	146.2	A	Springerville Dispatch
7	Reno	Reno	ALL DIV	170.5750	N	0.0	163.1625	N	131.8	A	Springerville Dispatch
8	Command	Unassigned	ALL DIV	170.9750	N	110.9	168.7000	N	110.9	A	Command
9	Command	Unassigned	ALL DIV	170.0125	N	110.9	165.2500	N	110.9	A	Command
10	Tactical	FS TAC 1	IA	167.5500	N	0.0	167.5500	N	0.0	A	IA Tactical
11	Tactical	FS TAC 2	IA	168.6750	N	0.0	168.6750	N	0.0	A	IA Tactical
12	VFIRE 21	VFIRE 21	ALL DIV	154.2800	N	0.0	154.2800	N	0.0	A	
13	VMED 28	VMED 28	Medical	155.3400	N	0.0	155.3400	N	156.7	A	
14	Air to Ground	A/G 29	IA	166.9000	N	0.0	166.9000	N	0.0	A	IA Air to Ground
15	Air to Ground	A/G 47	IA	167.7250	N	0.0	167.7250	N	0.0	A	IA Air to Ground
16	AIRGUARD	AIRGUARD	ALL DIV	168.6250	N	0.0	168.6250	N	110.9	A	FOR EMERGENCY USE
5. Special Instructions:											
6. I-205 Prepared By: Communications Unit Leader				Name: Mike Norman/Greg Olmstead				Signature: Greg Olmstead / min			

DRAW FIRE

AZ-ASF-00666

CHECK-IN PROCESS

Please use the following steps to check-in to the DRAW FIRE AZ-ASF=000666

1. Fill out and submit the online check-in form. Use your resource order to help you fill out the form
 2. Email the following documents to **2025.draw.finance@firenet.gov**:
 - Manifest (crews and engines)
 - Resource order (crews, equipment, and overhead)
 - Red cards (crews, equipment, and overhead)
 - Casual hire form (A.D. resources)
 - Contractor agreement (pgs. 1-3)
 3. If you need assistance filling out this form, please call.
-



<https://forms.office.com/g/smaZBk4yMf>

1. Incident Name:		2. Operational Period: Date From: _____ Date To: _____ Time From: _____ Time To: _____			
3. Name:		4. ICS Position:		5. Home Agency (and Unit):	
6. Resources Assigned:					
Name		ICS Position		Home Agency (and Unit)	
7. Activity Log:					
Date/Time		Notable Activities			
8. Prepared by: Name: _____ Position/Title: _____ Signature: _____					
ICS 214, Page 1		Date/Time: _____			

MEDICAL PLAN (ICS 206 WF)

FOR A NON-EMERGENCY INCIDENT, WORK THROUGH CHAIN OF COMMAND TO REPORT AND TRANSPORT INJURED PERSONNEL AS NECESSARY.

FOR A MEDICAL EMERGENCY: IDENTIFY ON SCENE INCIDENT COMMANDER BY NAME AND POSITION AND ANNOUNCE

"MEDICAL EMERGENCY" TO INITIATE RESPONSE FROM IMT COMMUNICATIONS/DISPATCH.

Use the following items to communicate situation to communications/dispatch.

1. CONTACT COMMUNICATIONS / DISPATCH (Verify correct frequency prior to starting report)

Ex: "Communications, Div. Alpha. Stand-by for Emergency Traffic."

2. INCIDENT STATUS: Provide incident summary (including number of patients) and command structure.

Ex: "Communications, I have a Red priority patient, unconscious, struck by a falling tree. Requesting air ambulance to Forest Road 1 at (Lat./Long.) This will be the Trout Meadow Medical, IC is TFLD Jones. EMT Smith is providing medical care."

Severity of Emergency / Transport Priority	<input type="checkbox"/> RED / PRIORITY 1 Life or limb threatening injury or illness. Evacuation need is IMMEDIATE <i>Ex: Unconscious, difficulty breathing, bleeding severely, 2° – 3° burns more than 4 palm sizes, heat stroke, disoriented.</i> <input type="checkbox"/> YELLOW / PRIORITY 2 Serious Injury or illness. Evacuation may be DELAYED if necessary. <i>Ex: Significant trauma, unable to walk, 2° – 3° burns not more than 1-3 palm sizes.</i> <input type="checkbox"/> GREEN / PRIORITY 3 Minor Injury or illness. Non-Emergency transport <i>Ex: Sprains, strains, minor heat-related illness.</i>	
Nature of Injury or Illness & Mechanism of Injury		Brief Summary of Injury or Illness (Ex: Unconscious, Struck by Falling Tree)
Transport Request		Air Ambulance / Short Haul/Hoist Ground Ambulance / Other
Patient Location		Descriptive Location & Lat. / Long. (WGS84)
Incident Name		Geographic Name + "Medical"(Ex: Trout Meadow Medical)
On-Scene Incident Commander		Name of on-scene IC of Incident within an Incident (Ex: TFLD Jones)
Patient Care		Name of Care Provider(Ex: EMT Smith)

3. INITIAL PATIENT ASSESSMENT: Complete this section for each patient as applicable (start with the most severe patient)

Patient Assessment: See IRPG page 106

Treatment:

4. TRANSPORT PLAN:

Evacuation Location (if different): (Descriptive Location (drop point, intersection, etc.) or Lat. / Long.) Patient's ETA to Evacuation Location:

Helispot / Extraction Site Size and Hazards:

5. ADDITIONAL RESOURCES / EQUIPMENT NEEDS:

Example: Paramedic/EMT, Crews, Immobilization Devices, AED, Oxygen, Trauma Bag, IV/Fluid(s), Splints, Rope rescue, Wheeled litter, HAZMAT, Extrication

6. COMMUNICATIONS: Identify State Air/Ground EMS Frequencies and Hospital Contacts as applicable

Function	Channel Name/Number	Receive (RX)	Tone/NAC *	Transmit (TX)	Tone/NAC *
COMMAND					
AIR-TO-GRND					
TACTICAL					

7. CONTINGENCY: Considerations: If primary options fail, what actions can be implemented in conjunction with primary evacuation method? Be thinking ahead.

8. ADDITIONAL INFORMATION: Updates/Changes, etc.

REMEMBER: Confirm ETA's of resources ordered. Act according to your level of training. Be Alert. Keep Calm. Think Clearly. Act Decisively.