If the BARC4 needs adjusting after local review, then go to the BARC256. Open the BARC256 map properties in ArcMap and select Symbology. Select "unique values". Then you should see values from 0 to 255 already colored up DKGreen for Non Burn, Aquamarine for Low severity, Yellow for Moderate and Red for High.

The breakpoints between these classes should be noted in the metadata text file included in the delivery. You can also just write down the break points in case you change them and want to get back to the original in the future. For Sarpy values 0-108 are Non Burn, 109-118 are Low, 119-128 are Mod, and 129 to 254 are High. Value 255 is the cloud/shadow mask areas.

If you wanted to reduce the level of "high severity" in the map you would start coloring values in the low end of the high ranges (i.e., 129 to 132 or so) to the color Yellow. You could likewise move down the start of the Moderate class by the same amount or leave Low and Mod alone while just reducing just the High class.